

## *Preconvention Workshops* *August 5, 2009*

### *Memory Action Program*

This workshop is jointly sponsored by **APA Office of Continuing Education in Psychology** and the **APA Division 20 (Adult Development and Aging)**. This workshop is also supported by **APA Division 12.2 (Society for Clinical Psychology, Clinical Geropsychology)**.

**CE Credits: 4**

#### **Workshop Description**

This is an **INTRODUCTORY** workshop for people interested in memory training in general and for individuals who want to know how to provide training for seniors. The workshop will review the training literature, discuss critical elements to include in memory training, and provide a demonstration. The demonstration will be based on the award-winning *Everyday Memory Clinic*, designed to improve memory, increase confidence, and change the memory lifestyle (e.g., plan in order to remember, challenge oneself regularly) of older adult trainees.

#### **This workshop is designed to help you:**

1. Describe basic research results for memory training for healthy seniors;
2. Evaluate the principles for delivering a successful community-based memory intervention for older adults;
3. Use educational materials, such as the *Everyday Memory Clinic Workbook*; and
4. Apply educational materials to offer memory training in your own community.

**Leaders:** Robin L. West, PhD, University of Florida, Gainesville, FL

**Enrollment opens April 15, 2009. Visit [www.apa.org/ce](http://www.apa.org/ce).**

**Enrollment Limit: 40**

**Time: 1:00 p.m.-4:50 p.m.**

<b>Fee:</b>	<b>Advance</b>	<b>Regular</b>
<b>Member:</b>	<b>\$120</b>	<b>\$140</b>
<b>Nonmember:</b>	<b>\$140</b>	<b>\$180</b>



AMERICAN PSYCHOLOGICAL ASSOCIATION  
EDUCATION DIRECTORATE

This workshop has been reviewed and approved by the APA Continuing Education Committee (CEC) to offer Continuing Education (CE) credit to psychologists. The APA CEC maintains responsibility for the content of the program.