

Adult Development & Aging News

Volume 33, Number 3
Fall 2005

20 DIVISION

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President's Message

Why Bother with Division 20?

Why spend your valuable time working for Division 20, say by writing this column, when you could be doing more enjoyable things, such as, in my case, videoconferencing with my spouse, Beth, to our grandchildren (Benjamin, Madeline) in Canada? I ask myself that question occasionally these days.

Like many of you, I had little idea about what Division 20 does day to day until I became active in its affairs, first as program chair, then as member-at-large, next as president-elect, and now president. What exactly does the Division do? The answer is "lots of things". In fact, a good part of what the executive seems to spend time on is how to fill vacant positions on committees, to find people willing to run for office for our formal positions, and to locate people to represent the Division on the many and very diverse APA committees and task forces that we try to support. Although everyone I know from the current and past

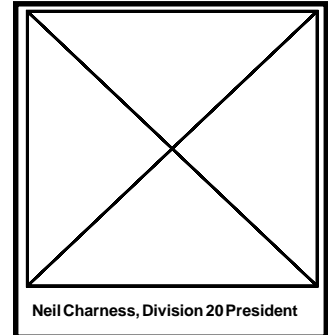
presidential pool has argued vociferously for the need to find new blood (Anne Rice notwithstanding), we seem to come up with the same people over and over when push comes to shove.

So, I'm calling on you, **yes you reading this column**, to volunteer some of your time to help out.

On page 3 is a Committee Listing (inspired by one that our past secretary, Jane Berry, assembled earlier), that as of this writing (Sept. 15) represents the state of the Division. I've gathered together some disparate groups under Communication committee (which doesn't formally exist under our by-laws or Handbook, both of which are undergoing revision at the moment).

Your executive committee and its many appointees form a pretty large group!

As is the case in all volunteer organizations, the workload for the



current active members of Division 20 lightens radically if just a few more people are willing to help out. Please drop me a note (e-mail works: charness@psy.fsu.edu) indicating which areas interest you most. I think you will find, like many of us, that such work is very rewarding and well worth the time investment. Division 20 Needs You.

We all benefit enormously from Division 20 whether we wear the hat of clinician, academic, or both. Div 20 makes CE credits available and supports specializations (Geropsychology). We provide teachers with a wonderful resource in the form of course outlines for both graduate and undergraduate courses (<http://apadiv20.php.ufl.edu/syll.htm>). We provide a superb program annually at APA's

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Adult Development and Aging News is published three times a year by Division 20, Adult Development and Aging, of the American Psychological Association.

*President's Message
continued from page 1*

Adult Development & Aging News is co-edited by Jennifer Margrett, Julie Patrick & JoNell Strough, all at the Department of Psychology, Life-Span Development, West Virginia University. www.as.wvu.edu/psyc

Deadlines for submissions are:
September 1
February 15
June 1

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Submit materials in Word or WordPerfect via e-mail to:

**Jennifer.Margrett@
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**JoNell.Strough@
mail.wvu.edu, or**
**Julie.Patrick@
mail.wvu.edu**

Address changes need to be made through the APA office at (800) 374-2721 (e-mail: membership@apa.org). Your Newsletter editors must use the addresses that APA provides.



Note From Co-Editors:

We sincerely thank those who contributed to this issue. We encourage Division members to send us announcements of general interest and short provocative pieces. If you have an idea for a feature article, please contact one of us. Submissions may be sent to any of the three editors via email as a Word or WordPerfect attachment.

annual convention thanks to our very diligent Program Chair and committee. Our web site (<http://apadiv20.pshp.ufl.edu/>) is an incredible resource for disseminating information about adult development and aging issues, as, obviously, is this Newsletter. Finally, in a somewhat more indirect, though very important way, Division 20 influences the policies and direction of APA, for instance through the Science Directorate and its lobbying efforts on Capital Hill. None of this infrastructure happens by accident (given the ironclad nature of the 2nd law of thermodynamics <http://www.secondlaw.com/two.html#time>), so please serve your turn. With apologies to JFK: Ask not what your Division can do for you, ask what you can do for your Division.

Now, back to what Division 20 should be doing for you. Leah Light and I attended a Board of Scientific Affairs meeting at 7 am Sat. Aug. 20, 2005, during APA. (We are a devoted executive committee.) Something that was argued at that meeting was that the science side of APA is not getting adequate attention, compared to the practice side. To paraphrase one speaker, the scientists were generating 2/3 of APA's revenue but receiving only a token amount back. Now, I don't really believe that this imbalance is as bad as it was made out to be (e.g., scientists depend on the existence of these journals and books for their promotion and tenure decisions). However, it is

pretty clear that the rift between science and practice is still perceived to be pretty large. Steve Breckler was working on some excellent initiatives, including a conference planned for early Dec. so I believe that there is plenty of good will here within APA. However, aside from the rather amorphous "continue lobbying the feds for more money", what do we Division 20 members want from APA? Please write me with your suggestions!

Oh yes, why bother with Division 20 (rather than videoconferencing with your grandchildren)? Perhaps some day you will be able to explain to them why you are still able to interact with them successfully, with the aid of technology, despite age-related impairments. You volunteered to ensure that the hard-working members of Division 20 helped push the frontiers of science and practice ahead. They were better able to conduct their research, training, and practice because a vibrant Division 20 vigorously represented their interests through APA to important federal agencies, and to the politicians who ultimately provided their funding. It makes a good story. Now it's up to you to make it happen.

I hope to provide more information next time on how we can use our web sites to improve our impact. One small suggestion: please link your web site (or your department's, if permitted) to Division 20's via the url: <http://apadiv20.pshp.ufl.edu/>. One small step for Div 20, one giant leap for our PageRank.

Committee Listing is presented on page 3

**Remember
to Vote
this Fall**

"10 for 20"

**Every Vote
Counts!**

Executive Committee (Elected)

President: Neil Charness
 President-Elect: Elizabeth Stine-Morrow
 Past-President: Leah Light
 Secretary: Joan McDowd (2005-2008)
 Treasurer: George Rebok (2003-2006)

Council Representatives (Elected).

Bob Knight (2005-2008)
 Norman Abeles (2005-2007)
Continuing to the End of 2005:
 Sue Whitbourne
 Paul Costa

Members-at-Large (Elected)

Sara Czaja (2003-2006)
 Forrest Scogin (2003-2006)
 Dan Mroczek (2004-2007)
 Mary Ann Stephens (2004-2007)
 Brent Small (2005-2008)
 Robin West (2005-2008)

Membership Committee (N=5)

Chair: TJ McCallum
 Sec'y: Joan McDowd
 Dan Mroczek (M-L)
 Lenore Szuchman
 To be named General Member

Program Committee (N=>4)

Chair: Carolyn Aldwin
 Co-chair: Karen Hooker
 Mary Ann Stephens (M-L)
 Tony Sterns

Elections Committee (n=4)

Chair: Ron Spiro
 Brent Small (M-L)
 Elizabeth Midlarsky
 Jackie James

Education (typically 2 yr terms)

Chair: Joe Gaugler
 Ric Ferraro
 (David Mitchell)
 (Kristi Multhaup)
 (Rick Scheidt)
 Division Member (to be appointed by Liz Stine-Morrow)

Continuing Education Committee

Chair: Bert Hayslip
 Greg Smith
 Harvey Sterns

Continuing Education Committee (continued)

Judith Sugar
 Rebecca Allen
 Peter Lichtenberg

Finance (n=5)

Treasurer: George Rebok
 President (Charness)
 President-Elect (Stine-Morrow)
 Robin West (M-L)
 John Dunlosky

Awards (n=5)

President (Charness)
 President-Elect (Elizabeth Stine-Morrow)
 Past-President (Leah Light)
 Senior Chair/Lawton&Mentor: Susan Charles (2004-2006)
 Junior Chair/RRF&Student: Forrest Scogin (2005-2007)

Fellowship Committee

Chair: Sara Czaja
 President: Charness
 President-Elect: Elizabeth Stine-Morrow
 Past-President: Leah Light

Communications Committee

Newsletter Editor: Jennifer Margrett, Julie Patrick, JoNell Strough
 Webmaster & ListServ Coordinator: Michael Marsiske

Graduate Student Representative:

To be named

Postdoctoral Representative:

Christie Chung

Liaison to APA Committee on Women in Psychology

Mary Ann Stephens

Liaison to International Affairs

Jane Berry

Liaison to Science Directorate

Andy Smith

Liaison to Education Directorate

Judith Sugar

Liaison to Committee on Aging (CONA)

Harvey Sterns

Liaison to Division 12/2 Education Task Force

Bob Knight

WELCOME NEW DIVISION 20 MEMBERS!

Submitted by TJ McCallum

Regular Members:

Tatyana Jones	Fullerton, CA
Thomas McArthur	Medina, OH
Marsha McKinley	Gettysburg, PA
Diane Rogers	Aloha, OR
Terry Webster	Sherman Oaks, CA
Margaret Beier	Houston, TX
Debra Heiser	New York, NY

Student Members:

Elise Cantor	Nashua, NH
Barbara Bucur	Durham, NC
Amy Collins	Boston, MA
Alissa Dark-Freudeman	Gainesville, FL
Susan Fisher	Tuscaloosa, AL
Christi Houston	Witchita, KS
David Odgers	Flagstaff, AZ
Gladys Wang	Pasadena, CA

COUNCIL REPORT

Submitted by Susan Krauss Whitbourne & Paul T. Costa

The August 2005 APA Council meeting included a number of significant items, many of which have relevance to events going on in the world of politics and current events.

Before getting to these items, here is some news about what is happening in the scientific community. Division 20 is a member of the caucus that represents science and academic interests (CASAP) and met the evening prior to Council. We learned that Steve Breckler, the Executive Director of the Science Directorate, is planning a Science Leadership Conference to be held December 2-4, 2005 in Washington. There will be 150 invitees including members of the leadership of APS, Science Division presidents, journal editors, and scientists not in APA. The focus of the conference will be on psychology in the public eye, using this opportunity to highlight psychology's contributions to science. Breckler alluded to the fact that there will be a major media outlet for the conference but he did not specify. In the world of insider politics in APA, many of those in both the science and practice communities are concerned about lack of representation of science in the higher levels of APA governance. In line with this concern, we would like to urge you to cast your ballot for president when it arrives in mid to late October. As you will read elsewhere in this newsletter, the Division 20 Executive Committee voted to give Sharon Brehm our #1 endorsement for President-elect because we feel she will best represent the interests of the division. Although she is identified primarily with science and academia, she also has clinical experience and training and is regarded by many in the practice community as "practice friendly." Please vote and also urge your colleagues to do so. Your membership in APA has bought you the right to vote for President-elect. Please exercise this right!

The annual apportionment ballot will be coming to your mailbox in the fall and will be due at the end of November. Division 20 needs as many votes as you can spare—if you cannot give us all 10, please give us at least 5. If you cannot do that, please give us at least two or three more than you did last year. Division 7 (Developmental Psychology) lost one of its council representatives in last year's balloting, and we do not want to reduce our impact in council by allowing this opportunity to slip by us.

Now back to Council's activities. In CEO Norman Anderson's report, we learned that the budget surplus for 2004 is projected to be \$457,000 with a projection of a similar surplus for 2006. APA holds \$26 million in net assets. Relevant to our science-based members, the budget includes full funding for academic enhancement, the Public Education Campaign, and \$394,000 for Psy21 (advancing psychological science), and full funding for an NPR campaign for APA and psychology (\$325,000). This will be a multi-month "branding" campaign to raise the awareness of NPR listeners nationwide about APA and psychology. Although print journal subscriptions declined over the year (\$1.4 less than expected), electronic licensing revenues increased by \$2.3 million, more than enough to offset the losses in print subscriptions. The dues increase is projected to be \$8 for members and \$1 for grad student affiliate fees. Membership has leveled off at about 150,000, including members and affiliates. Journal prices will increase 3.5% for members and 9% for non-members. One interesting change in budget policy with regard to journals is that revenues from PsychLit will go to contributing journals.

Several major presidential initiatives provided the basis for task force activities during the year. The reports produced by these task forces were then considered by Council in separate individual motions. The first report to be presented is Promoting Health Care for the Whole Person, which is intended to support integrated health care by building a partnership of the nation's leading health care, public health, mental health, policy, and consumer groups to endorse a statement of vision and principles of integrated health care. During Board and Committee review, CONA had requested that language be included that specifically mentions older adults. Two changes were in fact made to the report, which

COUNCIL REPORT, CONTINUED

now contains specific references to the need for health care to be available to people of all ages “including older adults,” and “across the life span.”

Council voted to receive the report of the Board of Directors Work Group on the Recommendations of the Commission on Education and Training Leading to Licensure. This report directs that there be a study of the current licensing requirements with regard to the years of supervised experience needed to be eligible for licensure. The revision would involve removing the stipulation that one year of this experience must be at the postdoctoral level. Therefore, when students receive their doctoral degrees, they would be eligible to take the licensing examination without requiring an additional post-doctoral year. Acceptance of the report does not constitute any movement toward changing the requirements but allows the report to go out for study and review.

A second task force report approved by Council included the President’s Report of the Task Force on Enhancing Diversity in APA. The diversity groups included elders (represented by Norm Abeles on the task force), women, lesbians, gays, and bisexuals, American Indians, Asian American/Pacific Islanders, Hispanic/Latino/a, and African American/Black. Diversity according to religion and disability was also represented. Council approved the report and the recommendations that \$10,000 be budgeted in 2005 and that continued support be added throughout at least 2007 when there will be a line item added to the APA budget to support the Diversity Implementation plan.

The Presidential Task Force on Evidence-Based Practice completed its report in which it set forth as APA policy the definition of Evidence-based Practice in Psychology (EBPP) as the integration of the best available research with clinical expertise in the context of patient characteristics, culture, and preferences. The purpose of EBPP (which parallels the definition of evidence-based practice adopted by the Institute of Medicine), is to promote effective psychological practice and enhance public health by applying empirically supported principles of psychological assessment, case formulation, therapeutic relationship, and intervention.

The next major piece of legislation concerned the Report of the Presidential Task force on Psychological Ethics and National Security (PENS). The PENS Task Force Report contained 12 statements regarding the ethical responsibilities of psychologists involved in national security-related investigations. Council voted to reaffirm the Resolution Against Torture and Other Cruel, Inhuman, or Degrading Treatment originally adopted by Council in 1986. During the Council meeting, language was added to strengthen the resolution making it explicit that when psychologists function they are subject to the ethics code that prohibits them from engaging in humiliating or degrading tactics, using information about a prisoner to break the prisoner, and opposing the use of torture.

Efforts to enhance diversity were a major focus of the meeting. Actions taken in this regard included inviting the presidents of four minority psychologist organizations to speak at the meeting and to serve as observers, a resolution recommending the immediate retirement of American Indian Mascots, Symbols, Images and Personalities by Schools, Colleges, Universities, Athletic Teams, and Organizations, and using the 2003 guidelines on multicultural education, training, research, practice, and organizational change for psychologists throughout APA.

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COUNCIL REPORT, CONTINUED

In order to increase lobbying efforts on behalf of education, Council moved to support changing the bylaws to create two categories of members to the APAPO (APA's lobbying organization) that there will be one category of members who pay the practice assessment and a second category of members who are payers to the Education Advocacy Trust. This second group will be known as Education Constituents. Presumably, this move will expand APA's efforts in the realm of attempting to influence public policy on behalf of education.

Following heated debate that emerged from the resolution on anti-Semitic and anti-Jewish prejudice (a topic that also sparked strong feelings in the February meeting), Council voted to support the motion that APA encourages research to understand better the characteristics, causes and consequences of anti-Semitic and anti-Jewish prejudice. A second recommendation of the task force regarding religious, religion-based or religion-derived prejudice was deferred for further discussion.

Regarding the Task Force on the Psychological Effects of Efforts to Prevent Terrorism, this group worked for the past two years (prior to the Iraqi War), on the unintended effects of strategies to prevent terrorism. Apparently, some members of BSA were not pleased with the documentation provided in this report and recommended to the Board of Directors that the report not be accepted. It was not at all clear what the flaws were in the report, and the discussion was reminiscent of a similar report on infusing diversity into introductory texts two years ago. In the end, Council voted to refer the report to BSA to provide additional perspective and encourage further development of these topics rather than to reject the report outright.

As Paul Costa and I end our terms as Division 20 Council Representatives, I would like to thank the division for all of its support, encouragement, and willingness to listen to reports of Council activities during the executive and business meetings. It has meant a great deal for me to be able to work for these past six years on behalf of advancing the "aging agenda" that is so close to all of our hearts. Paul and I wish the best of luck to our incoming Council representatives, Norm Abeles and Bob Knight. I know you will do a great job!

AMERICAN PSYCHOLOGICAL FOUNDATION CALL FOR AWARDS NOMINATIONS

Gold Medal Awards

These awards recognize achievement in and enduring contributions made by psychologists 65 years or older residing in North America.

Charles L. Brewer Distinguished Teaching of Psychology Award

The award recognizes a career contribution to the teaching of psychology.

The deadline for receipt of materials is December 1, 2005 for both awards.

Please contact APF for more information or nomination materials at (202) 336-5814 or iramos@apa.org.

APA DIVISION 20 PROGRAM COMMITTEE REPORT - 2005 MEETING

Submitted by Liz Zelinski & Sara Qualls

We received 89 poster submissions and 81 were accepted. They were organized into three sessions: Clinical And Health Issues In Aging (28), Personality And Social Issues In Aging (27), and Memory And Cognition In Older Adults (26). Poster sessions were “free” in that they had no impact on the allocation of hours (14 substantive and 7 nonsubstantive).

There were 10 symposia submitted, with 9 accepted and one forwarded to another division as it was not appropriate for ours. Each symposium was 1 hour in length. Three of the symposia were submitted and accepted as appropriate for continuing education hours.

We had 3 invited symposia: Psychology and Public Policy: Contributions to the 2005 White House Conference on Aging, organized by Toni Antonucci and Deborah Di Gilio (and listed as a WHCOA-affiliated event); and two two-hour research symposia: Alternative Approaches for Multivariate Analysis of Change, organized by Scott Hofer and Marty Sliwinski and Examining Interrelations Among Cognition, Personality, and Health in Aging, organized by Ron Spiro and Peter Vitaliano. We shared hours with Division 5 for both of these, so they only “cost” 2 substantive hours.

The student event was a one (nonsubstantive) hour panel discussion on nonacademic careers in adult development and aging.

The Distinguished Research Achievement Award address by Dave Madden was “The Functional Neuroanatomy of Cognitive Aging”. Leah Light’s presidential address was “Recollections of Memory and Aging”.

The Social Event was a dinner at Gordon Biersch, a microbrewery, co-hosted with Division 12-II. This event was arranged by David Powers and Bob Intrieri. Over 100 people attended. We charged members \$43.50 per person and student members \$20. The actual cost was \$38.50 per person (drinks paid for separately). Most of the student attendees were from Division 20.

There were 36 reviewers. Most responded to requests posted by Michael Marsiske to the Division listserve, and some were recruited. Ron Spiro, the 2004 program chair, gave us all of his materials—reminders, reviewer lists, and a manual written by Michael Marsiske to facilitate this project. He always answered questions very promptly and thoroughly. We thank Ron, the reviewers, those who helped organize the invited symposia, other members of the Executive Committee for their input and advice on the program, and anyone else who helped whom we have neglected to mention. Thanks also to Leah Light for this once in a lifetime opportunity. We wish our next program co-chairs a most successful year ahead, as we enjoy our retirement from this assignment.

Cognitive Aging Conference

The 2006 Cognitive Aging Conference webpages are up and running. On the webpage you will find hotel reservation forms, registration forms (that you must mail with check or credit card information), the abstract submission procedure, and other information about the conference. The deadline for submitting abstracts is November 18, 2005. The conference will be held in Atlanta on April 20-23, 2006. For more information, contact: anderson.smith@cos.gatech.edu or visit the Cognitive Aging Conference webpage <http://www.cos.gatech.edu/cac>.

AWARDS

Submitted by Adam Davey and Susan Turk Charles

Division 20 is proud to announce the following recipients of its awards, which were presented at the 2005 Annual Meeting in Washington, DC, on July 30.

Faculty Awards

Division Distinguished Research Achievement Award: Margaret Gatz, University of Southern California

Retirement Research Foundation Awards

Master Mentor: Marcia Johnson, Yale University

Mentor: Fredda Blanchard-Fields, Georgia Institute of Technology

M. Powell Lawton Distinguished Contribution Award for Applied Gerontology:

Louis Burgio, University of Alabama

Springer Early Career Achievement Award in Research on Adult Development and Aging: Mara Mather, University of California, Santa Cruz

Student Awards

Margret M. Baltes Doctoral Dissertation Award in the Psychology of Aging: Colleen M. Parks, Ph. D., Georgia Institute of Technology (Faculty Sponsor: Anderson D. Smith)

Division 20 Student Poster Award: Ellen M. Hogan, M. A., Washington University at St. Louis (Faculty Sponsor: Martha Storandt)

Retirement Research Foundation Awards, Completed Research

Postdoctoral: Julia Spaniol, Ph.D., Duke University (Faculty Mentor: David Madden, Ph.D.)

Doctoral: Karen M. Rodrigue, M. S., Wayne State University (Faculty Sponsor: Naftali Raz, Ph.D.)

Masters: Amanda Schafer, M. A., Wayne State University (Faculty Sponsor: Peter Lichtenberg, Ph.D.)

Undergraduate: Vanessa B. Robinson, University of Florida (Faculty Sponsor: Lise Abrams, Ph. D.)

Retirement Research Foundation Awards, Proposed Research

Doctoral: Kristen Kennedy, M. S., Wayne State University (Faculty Sponsor: Naftali Raz, Ph.D.) and Alissa Dark-Freudeman, M.S., University of Florida (Faculty Sponsor: Robin Lea West, Ph.D.)

Masters: Sarah Weatherbee, North Carolina State University (Faculty Sponsor: Jason Allaire, Ph.D.)

Undergraduate: Clare C. Mitchell, The College of Wooster (Faculty Sponsor: Claudia Thompson)

We received many outstanding nominations for the faculty and student awards. Thanks to the timely work by our reviewers: Kira Birditt, Jamila Bookwala, Hayden Bosworth, Neil Charness, Manfred Diehl, Joseph Gaugler, Karen Fingerman, Derek Isaacowitz, Bob Knight, Frieder Lang, Becca Levy, Leah Light, Lynn Martire, Mara Mather, Shevaun Neupert, Dara Sorkin, Brent Small, and Paul Verhaeghen. Adam Davey and Susan Turk Charles were Awards Co-Chairs in 2005.

For information on applying for 2006 awards, or for reactivating previously submitted nominations, go to <http://aging.ufl.edu/apadiv20/awards.htm>. Deadlines for nominations for the RRF Mentorship awards are March 1, with other materials due May 4; the deadline for all other awards is May 1.

STUDENT NEWS

Submitted by Christie Chung & Meredith M. Patterson

Hi Students,

We would like to thank you for making this year's APA Division 20 graduate student symposium a success. Dr. Roger Morrell from GeroTech and Dr. Thomas H. Crook III from Psychologix gave informative talks about non-academic careers in psychology and aging. The graduate student social event held at McCormick and Schmick's restaurant was also very enjoyable. It provided a chance for students with similar research interests to interact and relax.

Congratulations to student award winners.

We feel honored to have served as your student representatives this year. We hope to see you again in future conferences!

Best regards,

Christie Chung
Meredith M. Patterson
2004-2005 Division 20 Student Representatives

APA EXPERT SUMMIT ON IMMIGRATION
Announcement and Call for Proposals for Posters
"Global Realities: Intersections and Transitions"
San Antonio, Texas February 2, 2006

Continuing Education: *Society of Counseling Psychology (Division 17)*

Hotel and Conference Registration: *at www.Reisman-White.com*

Theme: "Global Realities: Intersections and Transitions"

The largest proportion of the population of the US is composed of people whose ancestors immigrated to this country from other lands. From 1990 and 2000, the foreign-born population in the US increased by 57% from 19.8 million to 31.1 million, compared to an increase of 9.3% of the native born population.

The experience of immigration has acute and chronic implications for the psychological and social well-being of individuals and families which are especially intense for children, people of color, people of the impoverished socioeconomic classes, as well as women, lesbian, gay, and bisexual persons, individuals with disabilities, and older adults. APA is sponsoring a conference to address these issues in more detail and foster an exchange of ideas on related research, clinical, and policy issues. Confirmed Plenary Speakers include: Dr. Mary Pipher: Clinical psychologist, author, and an adjunct clinical professor at the University of Nebraska; Dr. Donald J. Hernandez: Professor in the Department of Sociology at the University at Albany (SUNY); Dr. Carola Suarez-Orozco: Co-Director of Immigration Studies at NYU.

Division 20 is sponsoring a poster session at this conference focused on the psychosocial needs, developmental issues, and mental health of older immigrants and refugees. Please consider submitting a poster for this conference. For more information, please contact Silvia Sørensen at silvia_sorensen@urmc.rochester.edu.

Minutes of Division 20 Executive Committee Meeting Submitted by Joan McDowd

American Psychological Association, Washington DC
August 19, 2005

The meeting was called to order at 8:06 a.m.

Attending: Norman Abeles, Carolyn Aldwin, Jane Berry, Rosemary Blieszner, John Cavanaugh, Susan Charles, Neil Charness, Christie Chung, Bob Knight, Leah Light, Sean Meegan, Meredith Patterson, George Rebok, Anderson Smith, Greg Smith, Ron Spiro, Mary Ann Stephens, Harvey Sterns, Elizabeth Stine-Morrow, Judith Sugar, Robin West, Susan Whitbourne

Announcements

- Neil Charness presented a plaque and gavel to Leah Light in appreciation for her service as president of Division 20.
- It was announced that a session dealing with issues related to the White House Conference on Aging would take place the afternoon of 8/19 for those who may be interested.
- The Fellowship Committee approved 4 members for fellow status in Division 20; two new fellows also being considered. All fellows start their status on Jan 1, 2006. Sara Czaja will be the new Fellowship Committee chair.
- Margy Gatz is the recipient of this year's CONA award, as well as the Division 20 Distinguished Research Achievement Award. She will make a presentation on her work at next year's APA annual meeting. Karen Rook has received the 2005 Developmental Health Award for her work on social relations and health among older adults, sponsored by the Health and Aging Interest Group. The Health and Aging Interest Group consists of individuals who are members of Division 38 (Health Psychology) and/or Division 20 (Adult Development and Aging) and whose scholarly interests bridge those of the two divisions.
- The Society for Study of Human Development meeting will be in Asilomar, CA this October, 2005. Contact Carolyn Aldwin for further information.

Approval of Minutes

- The minutes approved as published.
- It was suggested and generally agreed upon that minutes be emailed to EC for approval within a short period following the meeting, instead of waiting till next meeting when the minutes have already been published in the Newsletter.

Treasurer's Report

- George Rebok reported that the Division 20 treasury is healthy; assets total \$51,000 as of end of July, 2005. Dues have generated \$14,517 so far this year, up slightly from last year. Student dues have also increased, up almost 4-fold since 2003. Overall, the Division's treasury is on a positive trajectory.
- It was recommended that we do not raise dues this year. In response, the suggestion was made that we consider a cost of living increase in dues. Although some were in favor of this, because the budget is healthy some members felt it might be better to wait till next year to consider an increase. Further discussion was tabled until the discussion of membership issues later in the meeting.
- The budget for 2006 is similar to 2005. Convention workshop expenses have been increased, as have convention travel and corporate dues. However, these changes are small, and don't significantly affect the budget.
- It was moved that the budget be accepted as proposed. It passed unanimously.

Report from Council Representatives (Susan Whitbourne)

- KSAP caucus met, but Whitbourne's sense was that the group is becoming unfocused and is losing steam. The group did want to support both Brehm and Overmeier for president of APA, but it remains unclear whether that is a good idea as it sometimes splits the science community.
- A conference on scientific psychology is in the works, called the Science Leadership conference. Information meeting is scheduled for tomorrow morning. Division 20's representation at the conference is uncertain,

- though Anderson Smith has been invited to attend. Neil Charness will attend meeting at APA and report back.
- APA has a budget surplus, but there will also be a dues increase of \$8 for members, \$1 for students. This money is earmarked for marketing and recruitment efforts.
 - The task force on evidence-based practice presented a report on evidence-based therapy which was well-received.
 - APA reiterated its policy that psychologists may not participate in torture.
 - Medicare and Medicaid reimbursement issues are under discussion at Council, and Division 42 is starting an interest group on aging.

Endorsement of APA Presidential Candidate(s)

- Division 20 can endorse a candidate for APA president. Statements have been published in the Newsletter. Leah Light has been contacted by Brehm and Overmeier to request endorsement. Susan Whitbourne recommended that the Division endorse Brehm. It was noted that Overmeier's statement had more aging relevance this year than Brehm's.
- It was moved that Division 20 not endorse this year. The motion failed, 2-4.
- It was moved that we endorse Sharon Brehm. The motion passed, 4-1, 1 abstention. Leah Light will inform Brehm of the outcome and Division 20 will be likely to be listed on Brehm's materials.
- Neil Charness was reminded to send out a letter to Division 20 members to get out the vote, for both APA president and APA apportionment.

Report from Science Directorate (Kobor, APA staff)

- Pat Kobor reported on science policy issues at NIH. Funding levels at NIH are not looking good. Congress is considering a reauthorization bill for NIH that would increase cross-cutting funding at NIH, which may create new opportunities. It was recommended that members read the Science Policy newsletter (spin) to follow funding news and reauthorization updates.
- Basic behavioral research is being encouraged in the General Medicine group, and there seems to be some progress there. NIH roadmap may also help promote basic behavioral research. Cross-cutting research initiatives on basic behavioral and medical/biomedical are likely to be announced.
- Nancy Adler has been appointed to the advisory board to the NIH director.
- Andy Smith noted that funding from NIA is getting harder. Leah Light asked about the status of the review of the peer review process for BSR. The review process is still in the works but where it stands is not entirely clear. BSR has a new director, which may be why the process isn't yet complete. Kobor reported that a survey should be coming out soon.

Report from CONA (DiGilio)

- Deborah DiGilio introduced Ellen Garrison from the APA Public Interest group.
- The call for nominations is out for CONA members; two new members are needed.
- Award for advancement in psychology goes to Margy Gatz this year. Margy was unable to attend the APA meeting so the award will be presented at GSA this fall.
- Toni Antonucci will be chair of CONA next year.
- CONA has worked on issues for White House Conference on Aging. An APA symposium outlined issues and ideas to be considered for WHCoA. Summaries of these are sent to delegates for WHCoA.
- Capacity assessments for older adults working group has produced a booklet with information for lawyers, in collaboration with the American Bar Association. Copies of this and a variety of other publications are available from CONA, contact Debbie Gillio for copies.
- Debbie is now chair of National Coalition of Mental Health and Aging.
- There is a new dedicated senior staff position on aging advocacy in APA's public policy office, filled by Diane Elmore. She will be working on aging issues.
- Policy initiative – freedom commission on mental health (web site page of links to documents provided), SAMHSA came out with their action plan, which is primarily a service oriented plan. APA's action agenda came out related to disaster preparedness. Also seeks applicants for one-year congressional fellowships (contact Ellen Garrison for further information).

Continued on page 12

Support for the National Training Conference on Professional Geropsychology (Knight)

- Bob Knight is co-chair of the planning committee for a training conference for a training model for geropsychology. The conference is planned for June 2006 in Colorado Springs. The conference committee requested financial support from Division 20 to run the conference. Preplanning meetings have had support from Retirement Research Foundation and the Education Directorate. Currently have another proposal in to RRF; John Santos is working on that. RRF is expected to contribute approximately \$25,000. CONA is considering a proposal to APA to fund another \$10-20,000. It was unclear how much support there will be from APA. The conference planning committee asked for at least \$7,000 from Division 20. They also asked for a similar amount from Section II Division 12. About 40 people are expected to participate; these likely will be geropsychology specialists who are active in Divisions 20 and 12/II and others from training sites, new training programs, training accreditation professionals, and the Education Directorate.
- It was suggested that the planning committee go to NIMH for funding, but they no longer support training conferences.
- George reported that Division 20 has provided some support for the pre-planning conference, and there is some precedent for supporting conferences by Division 20. Harvey Sterns spoke to the issue in support of Division 20 support for the conference.
- The question was raised as to what the product of the conference would be. Bob said that the first product would be a position paper describing the model coming out of the conference, which would be published. After that, there would be a revised petition for CRISP specialty status for geropsychology within APA. Board certification is also a possibility down the line.
- A motion was made to provide \$10,000 from Division 20 funds for the conference on geropsychology training. Discussion focused on the issue that in supporting the conference, Division 20 has the opportunity to invest in the future of our field, and support was stated for the motion. An additional suggestion was made to send letters to a variety of divisions for relatively small amounts to build a coalition. The motion passed unanimously.
- Bob Knight was recognized for his dedication to the cause of geropsychology. Bob was then appointed to the Education committee of Division 12 Section II.

Update on By-Laws revision (Berry)

- Jane Berry circulated draft copies of the revised by-laws. Thanks were given to Harvey Sterns for his help with earlier drafts. Once the executive committee approves the drafts, then general approval will be sought.
- The executive committee was asked to review the document and inform the by-laws revision subcommittee of any omissions, inaccuracies, etc.
- It was suggested that the structure of committees be left out of the bylaws to maximize flexibility.
- It was further suggested that all members at large be assigned to a committee to ground them and get them involved in activities.

Committee Reports

- Time ran out before committee reports were given. Committee chairs have provided reports that are available on the web.

New Business

- Leah Light congratulated the graduate student representatives on a successful conversation hour yesterday. The student dinner was announced for tonight.
- Liz Zelinski encouraged everyone to attend the social event on Saturday night.

The meeting was adjourned at 9:55 a.m.

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 (pending)

Postdoctoral Advisor to Student Representative (2005-2006)

Christie Chung, MIT

MEMBERSHIP INVOLVEMENT NEEDED

Elections Announcement

On behalf of Division 20, the Elections Committee is soliciting nominations for the following positions, to begin duties at the conclusion of the next APA convention: President-Elect, Treasurer, and 2 Members-at-large. If you would like to serve in one of these positions, or to nominate someone, please contact Ron Spiro, Chair, Elections Committee (aspiro3@bu.edu) with your name, the nominee's name, and the position. Candidates must be members in good standing of Division 20.

Apportionment Ballot from APA

In early November you will receive an apportionment ballot from APA; this vote will determine division and state representation on the governing body of the APA: the Council of Representatives. You will have 10 votes to allocate. The Division of Adult Development and Aging Psychology needs your votes to address your professional issues at Council, and to speak to policy and service issues. Please allocate your votes to the Division 20 to ensure that we can represent your interests and the people you serve at APA Council!

Call for Education Updates

The Division 20 Education Committee welcomes updates or additions to the new Guide to Graduate Study in the Psychology of Adult Development and Aging on the Division's webpage. The web address is <http://apadiv20.php.ufl.edu/guide01.htm>. The 2005 Guide includes academic units providing a specialization in adult development and aging. Data for the programs include titles of courses and seminars offered, number of faculty with a specialization in adult development and aging, psychology specializations integrated with the study of adult development and aging, administrative organization of the program, availability of assistantships and traineeships in the program, practicum, and internship placement opportunities, web addresses, and contact persons for the program. If you have any questions, please feel free to direct them to Joe Gaugler, email: gaug0015@umn.edu or phone: 612-626-2485.
Joe Gaugler, Chair of the Education Committee

TEACHING TIPS: Assembling a Teaching Portfolio
Joseph E. Gaugler, Ph.D., Assistant Professor
Center on Aging, Center for Gerontological Nursing, School of Nursing
The University of Minnesota

With the increasingly diverse academic and professional options available to scholars in adult development and aging, it has become increasingly important to demonstrate competence not only in research, but teaching as well. While it is to be expected that large institutions will continue to emphasize research potential and/or productivity in their hiring and tenure procedures, the criticism aimed at such institutions with regard to teaching quality has led to concern among department- and institution-level administrators of the need to document effective instruction. The purpose of this issue's Teaching Tips article is to provide some strategies for individuals involved in academic instruction to provide evidence of pedagogical quality via a strong teaching portfolio.

Fortunately for those who have no idea what a teaching portfolio is or how to prepare one, there exist a number of excellent resources, many online, that can offer some guidance to instructors. A simple google.com (<http://www.google.com>) search, using the term "Teaching Portfolio," includes ten pages of resources. An excellent overview of how to assemble a teaching portfolio is provided by the Center for Teaching and Learning Effectiveness at The University of Texas at Austin (<http://www.utexas.edu/academic/cte/teachfolio.html>). Included on this page are a number of text references that may provide additional, detailed information on why a teaching portfolio is important, what a teaching portfolio contains, and how it is best presented. As the emphasis on teaching and instruction continues to move towards documented effectiveness, these resources may prove extremely available for individual academics trying to respond to increased quality standards.

Although I would not consider my teaching portfolio a model in any sense of the word, reviewing some of the available resources online and elsewhere has helped me construct a teaching portfolio that has proven helpful during faculty review procedures as well as job applications. The specific contents of my portfolio are as follows:

1. *Title page and table of contents:* While seemingly self-explanatory, organizing the portfolio in order to provide a cohesive theme or structure to the portfolio is important;
2. *Reflective statement:* This provides an opportunity for the instructor to provide an overview of teaching philosophy and history, the developmental basis for one's teaching philosophy, aims and objectives of

courses taught, and methods and implementation;

3. *Courses taught:* Tabulating the courses taught by the instructor, particularly if they have taken place over several years and across departments, is important. Moreover, providing brief descriptions of each course is also helpful for reviewers to understand the types of courses taught and/or newly developed by the instructor. One may also describe some of the innovations created, as well as guest lectures or other instructional activity;
4. *Summary of teaching evaluations:* This is probably one of the more important components of the teaching portfolio; summarizing both the quantitative and qualitative feedback of students, and addressing how the instructor has addressed general strengths or weaknesses, is advisable;
5. *Representative syllabi:* Providing 1-3 syllabi that reflect the instructor's teaching style and philosophy can help reviewers gauge the strength of course content;
6. *Training grants, committee memberships, and educational activities:* Effective instruction often extends beyond the classroom and into other activities, such as serving on training grants for graduate and post-graduate training, engaging in community education or similar experiences, or other educational activities (e.g., service on relevant university committees);
7. *Advising activities:* Providing a list of membership on Master's or doctoral level committees, and highlighting those that the instructor is chair of, is further demonstration of effective instructional skills; and
8. *Collaborative work with individual students leading to professional advancement:* Providing a list of all relevant presentations, papers, or book chapters that include students as co-authors can further demonstrate to reviewers the scope of commitment the instructor has to pedagogy.

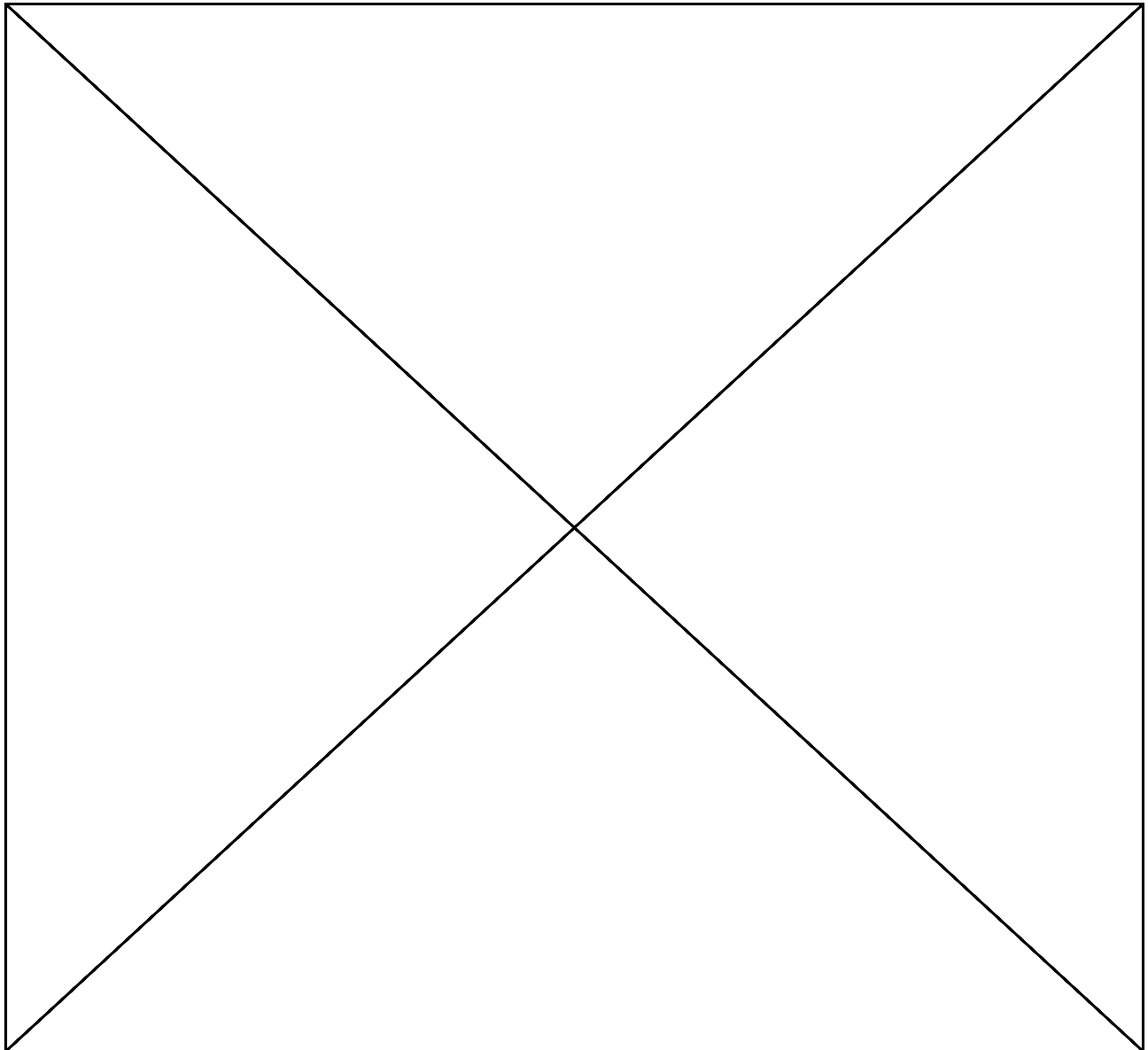
Clearly, the content of a teaching portfolio will vary by the stage of the instructor's career, the type of institution, and the disciplinary emphasis of one's scholarly department. However, a rigorous and comprehensive teaching portfolio can prove extremely important in documenting the commitment one has to academic instruction. It is hoped that the resources in this article can provide some initial guidance for such an endeavor.

Division 20 gets new look

Submitted by Michael Marsiske

Recent visitors to the Division's Home Page (<http://apadiv20.php.ufl.edu>) may have noticed changes to the Division's face. We have updated all pages to put them in greater stylistic harmony with the main APA pages. In addition, the front page includes a number of new features:

- all traditional links and "static" pages are now accessible via a navigation bar on the left side of the page;
- the central part of the page is reserved for "breaking news" and other current announcements and special features; this is now updated at the beginning of each month;
- the page now also includes links to the latest "Senior News" and "Alzheimers News" from Medical News Today;
- Division 20 now also offers an "RSS" feed, which permits users with desktop feedreaders to have the latest news and announcements sent directly to their news applications.



Nominations Sought for APA Fellows

Please help to identify potential fellows of Division 20—nominate yourself or others who meet the following criteria:

For new Fellows:

1. Possession of a doctoral degree based in part upon a psychological dissertation conferred by a graduate school of recognized standing;
2. Membership in Division 20 for at least two years;
3. Achievement of a minimum of five years of acceptable professional experience subsequent to the granting of the doctoral degree;
4. Evidence of unusual or outstanding contribution or performance in the field of psychology;
5. Record of distinguished and scholarly contribution to the field of adult development and aging, ordinarily in the form of published papers or books documenting the work in empirical research, the development of theory or method, or other scholarly pursuits; and
6. Presentation of endorsements from at least three fellows of APA (the majority of whom must be fellows of Division 20) written within the past year.

The nominee submits a self-written statement about the professional accomplishments that warrant Fellow status, a completed copy of the Uniform Fellow Application, and a CV with publications marked R for refereed as appropriate.

For Division 20 members who are already APA Fellows:

1. Membership in Division 20 for at least two years, and
2. Professional work related to the psychology of adult development and aging.

Current Fellows of other divisions who wish to become Fellows of Division 20 submit the Uniform Fellow Application, their APA membership number, and a CV.

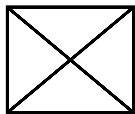
The next review process will take place in spring, 2006; completed application packages will be due Jan. 6, 2006. Submit nominations to and request forms or more information from: Sara J. Czaja, Division 20 Fellowship Chair, Department of Psychiatry and Behavioral Sciences, University of Miami School of Medicine, 1695 N.W. 9th Avenue, Miami, Florida 33136. Phone: 305-355-9068, Fax: 305-355-9076, Email: sczaja@med.miami.edu.

Adult Development and Aging News

Division 20, American Psychological Association

Co-Editors:

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