

Adult Development & Aging News

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20 DIVISION

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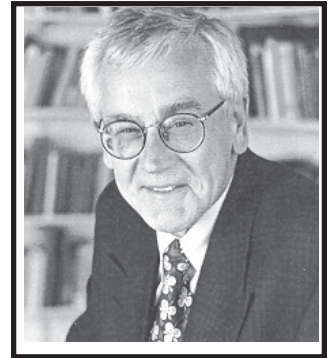
Adult Development and Aging News is published three times a year by Division 20, Adult Development and Aging, of the American Psychological Association.

Paul B. Baltes battled cancer with enthusiasm, and at first with good success. Even from his sick bed he remained active, dictated texts, and made telephone calls. After his situation changed for the worse so that he was unable to go on, he reached the clear and emphatic decision to discontinue all further medical diagnostics and therapy. He died peacefully at home.

Paul B. Baltes's main research topics included the lifespan development of intelligence, the scientific exploration of wisdom, and methodological innovation. Together with his first wife, Margret Baltes, he established a theory of successful human aging as an orchestration of selection, optimization, and compensation. His work concentrated on the incomplete architecture of the human lifespan, with a focus on old and very old age. He conceptualized psychological development as the interplay between generality and individuality, self-determination and fate.

Paul B. Baltes completed his PhD at the University of Saarland in 1967 with a dissertation on basic methodological questions in developmental psychology. He then spent 12 years in the United States of America. Initially, he became Assistant Professor of Psychology at West Virginia University, before becoming Associate Professor of

Psychology there in 1970. At the behest of K. Warner Schaie who was department head at West Virginia, Paul Baltes joined in the effort to start doctoral training in lifespan developmental psychology there. He became director of the Division of Individual and Family Studies at the College of Human Development at Pennsylvania State University in 1972. He became Full Professor for Human Development there in 1974. From 1978 to 1979, 1990 to 1991, and 1997 to 1998, he was Fellow at the Stanford Center for Advanced Studies in the Behavioral Sciences. In 1969, with Larry Goulet, Paul B. Baltes initiated the West Virginia Conferences on Life-Span Developmental Psychology. In 1977, with John Nesselroade and Hayne W. Reese, he wrote an introduction to research methods in developmental psychology that has become a classic in the field. Together with his later work as editor of annual volumes on lifespan development and behavior from 1978 onward, (from 1979 to 1984 with Orville G. Brim and from 1986 to 1990 with David Featherman and Richard Lerner), these efforts have been pivotal in promoting lifespan psychology as a conceptual orientation in its own right. Since 1980, Paul B. Baltes was Senior Fellow (Wissenschaftliches Mitglied) of the Max Planck



Society and Director at the Max Planck Institute for Human Development in Berlin. From 1980 to 2004 he directed the Center for Lifespan Development. In 2005 he founded the Max Planck International Research Network on the Behavioral and Social Sciences of Aging (MaxnetAging). He was also Honorary Professor of Psychology at the Free University of Berlin and (part-time) Distinguished Professor of Psychology and Advanced Study Fellow at the University of Virginia. Within the Max Planck Society, Paul B. Baltes took on important tasks. From 1985 to 1988 he was Chair of the Humanities and Social Sciences Section (Geisteswissenschaftliche Sektion), from 1994 to 1997 he was Chair of the Scientific Council of the Max Planck Society and a member of the Society's Senate. He was fully engaged in these functions and in numerous other committees and helped the Max Planck Society to reach important decisions. He brought his special interest to bear

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Paul B. Baltes, continued from page 1

for the support of the humanities, behavioral, and social sciences and for the rising generations of young scientists. Throughout his career, Paul B. Baltes promoted the dialogue between disciplines. He was active in various national and international organizations including the US Social Science Research Council (where he was chair of the Board of Directors from 1996 until 2000), the Berlin-Brandenburg Academy of Sciences from 1992, the Deutsche Akademie der Naturforscher Leopoldina from 1992, and the Academia Europaea from 1988. He initiated and co-chaired the Berlin Aging Study (BASE), together with Hanfried Helmchen (psychiatry), Karl Ulrich Mayer (sociology), and Elisabeth Steinhagen-Thiessen (internal medicine). Together with the sociologist Neil Smelser, he was co-editor-in-chief of the 26-volume International Encyclopedia of the Social and Behavioral Sciences published by Elsevier in 2001. Together with Jacqueline Eccles from the University of Michigan and John Nesselrode from the University of Virginia, he was the spokesperson of the International Max Planck Research School on the Life Course (LIFE). Paul B. Baltes was author or editor of 18 books and more than 250 articles and scholarly chapters. For his work, he was honored with numerous awards. He received the R. B. Cattell Award for Distinguished Research in Multivariate Experimental Psychology from the Society

for Multivariate Experimental Psychology in 1975, the Buch-Stiftung Award for Gerontological Research in 1987, the Distinguished Scientific Contribution Award of Division 20 (Adult Development and Aging) of the American Psychological Association in 1990, the Distinguished Mentorship Award of the Behavioral and Social Sciences Section of The Gerontological Society of America in 1990, the Robert W. Kleemeier Award in Recognition of Outstanding Research from The Gerontological Society of America in 1992, the German Psychology Prize jointly awarded by the German Psychological Society (DGPs) and the German Association of Psychologists (BDP) in 1994, the International Psychology Award, awarded by the American Psychological Association in 1995, the Aristotle Prize of the European Federation of Psychological Associations in 1999, the Novartis Prize for Gerontological Research (with Edward Lakatta, US National Institute on Aging) awarded by the International Association of Gerontology in 1999, the Longevity Research Prize awarded by the IPSEN Foundation (France) in 2000, the Distinguished Career Contribution to Gerontology Award of Behavioral and Social Sciences Section of The Gerontological Society of America in 2001, the Lifetime Achievement

Award of the German S Psychological Society in 2004, and the Distinguished Career Contribution Award of the Society for the Study of Human Development (SSHD) in 2005. He received honorary doctorates from the University of Jyväskylä, Finland, in 1990, the University of Stockholm, Sweden, in 1992, the University of Geneva, Switzerland, in 2000, and the Humboldt-University of Berlin in 2002. He was elected to the American Academy of Arts and Sciences as foreign honorary member in 1991 and to the Royal Swedish Academy of Sciences in 1995. In 2000, he was elected to the German order Pour le Mérite for scientists and artists. From 2001 he was also Vice-President of the Deutsche Akademie der Naturforscher Leopoldina.

Editors' Note: The information above appeared on the Division 20 website following the death of Paul B. Baltes in November, 2006. Beginning on page 4 of this Newsletter, tributes to Paul B. Baltes appear. Many of these tributes also appeared on the Division 20 website. The Editors thank Harvey Sterns and Michael Marsiske for organizing the tributes and submitting them for publication in this issue of the Newsletter.

President's Message

Division 20 was shaken this winter by the passing of Paul Baltes in November. His contributions were seminal in defining the unique conceptual underpinnings of the psychology of adult development and aging. In considering the balance of gain and loss through adulthood, and the roles of selection, optimization, and compensation in managing loss, for example, he helped to articulate that which is theoretically rich about movement through adulthood.

In this newsletter is a tribute to Paul, crafted by those who knew him best – you. Thanks to all who contributed, and thanks to Harvey Sterns and Michael Marsiske, who collected the commentary and organized it for this newsletter. We continue our tribute at the convention in San Francisco, with a symposium dedicated to Paul that has been organized by Chris Hertzog and Ulman Lindenberger. When the call came, they met an impossible deadline to put together an event of which Paul would be proud. Many thanks to Chris and Ulman!

As we head into Spring, the Division 20 Awards Program will go into full swing. We are grateful to the Margret and Paul Baltes Foundation for funding Division 20's highest award to acknowledge exemplary research contributions in psychology and aging. This year we reintroduce this award as the Margret and Paul Baltes Distinguished Research Achievement Award. For the first time in the Division's history, our research award will be associated with a cash prize. Once again the Retirement Research Foundation has generously funded the Lawton Award for Applied Aging Research, as well as our Student Awards and Mentor Awards. This year we also introduce the RRF Dissertation Award. Finally, I want to point out that there have been some changes in the Student Poster Award for this year's convention, so that candidates will be submitting an electronic copy of the poster in advance that will be considered in the judging (more info will be available on the listserv and the website). Thanks to John Santos from the RRF for his work on behalf of D20, and Forrest Scogin and Brent Small for all of their efforts on the Awards Committee.

Registration for the 2007 APA Convention opens March 15. Come to San Francisco! The Division 20 program this year is packed with events that will make you think long after you've gone home. We have three invited talks that span neuroscience (Patti Reuter-Lorenz, "Age-Related Compensation and Decline: Insights from Brain Imaging"), cognition (Art Wingfield, "Aging Hearing, Aging Cognition, and Understanding Spoken Language"), and personality (Ravena Helson, "Aging Well in Adverse Situations"). The provocative title of Ellen Langer's DRA address is "Counter-clockwise: Mindfulness and Aging". This year's winner of the Developmental Health Award is Ilene Siegler, who will present "Psychology of Aging and the Public Health." Teaming up with D8 and D50, D20 successfully competed for interdivisional cross-cutting symposium time (in addition to our 14 substantive hours); Brent Robert will chair this symposium on self-regulation. Other symposia examine aging in an international context, emotional development, sleep, health literacy, language processing, and student funding for aging research. Three poster sessions are on the schedule as well. We have an evening event planned that will take good advantage of our location in the South of Market district in San Francisco. After the social hour on Sunday, dinner will be just down the street at Grandviews, which offers spectacular views of the city and wonderful food. Info about the menu and tickets will be arriving in your inbox soon. Many, many thanks to Lisa Soederberg Miller and Brent Roberts for their energy and creativity in making this all come together.

As you see, there are lots of reasons to come to APA this year. Don't forget when you do register to list Division 20 as your primary (or secondary) affiliation. This helps us to get program hours for next year so that we can continue to do what we do best.



Elizabeth Stine Morrow Division 20 President

2007 Awards

Division 20 is grateful for our sponsors: Retirement Research Foundation (RRF), Springer Publishing, and the Margret and Paul Baltes Foundation. Awards are listed below; for details on criteria and submission process, **see:**

<http://apadiv20.php.ufl.edu>.

*Baltes Distinguished Research Achievement Award (May 14)

*RRF / Lawton Career Achievement in Applied Gerontology (May 1)

*RRF Mentori (May 1)

*RRF Master Mentor (May 1)

*Springer Early Career Achievement (May 1)

* RRF Dissertation (May 1)

*RRF Student/Postdoctoral Awards for Completed Research (May 1)

Developmental Health Award

CONGRATULATIONS to DR. SIEGLER!

Ilene Siegler of Duke University has won the 2007 Developmental Health Award from the American Psychological Association. This award recognizes Dr. Siegler's research contributions to the fields of health and aging. Dr. Siegler will give an invited address at APA's Annual Convention in San Francisco.

Remembering Paul

Compiled by Harvey L. Sterns

K. Warner Schaie, Penn State University: Paul Baltes was sent by his mentor Günter Reinert to work with me at the University of Nebraska in 1964. He was a quick learner who soon surpassed his mentors. Baltes, John Nesselroade and I were able to introduce life-span developmental psychology to America when we were at West Virginia. Baltes pushed that concept further and built a first-rate human development department at Penn State. He then returned to his native country to head the Berlin Max Planck Institute on human development, and made major theoretical and empirical contribution to life-span development and the psychology of aging, becoming a major player on the German and international scene. He was a good friend and constant intellectual challenger to me. I will miss him greatly.

Jacqui Smith, University of Michigan: Paul Baltes had a unique and impressive intellectual impact on lifespan research about stability and change in adulthood and old age. He was one of the few researchers to build bridges between lifespan psychology and other disciplines in the social, medical, and biological sciences. His legacy is archived not only in scholarly texts but also in the minds of those with whom he had contact. During the 22 years that I had the privilege to work with him in Berlin, I never ceased to be amazed by his capacity to generate innovative ideas and new insights into development and aging. Learning about his lifespan developmental scripts and his ways of doing science was a never-ending task. My enduring memories of Paul's voice and excellent advice will remain as a source of personal inspiration.

Ursula M. Staudinger, Jacobs University Bremen: Psychology has lost a brilliant scientist and an important voice. Gerontology bemoans the loss of one of its most forceful and exceptional advocates. Paul Baltes' death leaves a deep void but he also leaves a large and strong network of scholars that had worked with him. He liked to call this network his academic kin. His generativity bestows continuity upon him beyond his death.

Denise Park, University of Illinois-Urbana (partial text presented by Denise at Paul's January 12 Memorial Service in Berlin): Paul was the rarest of human beings. He had extraordinary gifts of intellect, creativity, drive, sensitivity, and insight into the human condition. These gifts alone set Paul apart from, well, just about everyone. What makes him without peer, however, was his ability to use these gifts in the most effective way possible, as well as his generativity and generosity to others—which has resulted in a legacy that will remain a permanent part of our culture. There is no other psychologist who has trained so many internationally-visible, accomplished scientists while simultaneously establishing and expanding an internationally-recognized research institute. In the context of these monumental achievements, it is hard to imagine how such a man could count so many of

us as close friends—we all know he always found the time for each one of us. In addition to that, he loved his family deeply. It is impossible to remember Paul without commenting on his deep love for Margret Baltes and then, after her death, his joy in his new love and marriage to Christine Windbichler. In my last private conversation with Paul, he mentioned repeatedly the depth of his love for Christine, as well as his children Boris and Anushka. All of us will miss his joy, his compassion, that characteristic twinkle in his eye, his ability to love and to embrace life—both triumphs and tragedy—with grace, courage, humor, and optimism. Paul had a *joie de vivre* that was unparalleled. Paul Baltes was a citizen of the world. He did not stand on the shoulders of giants...he was a giant.

Ronald P. Abeles, National Institutes of Health: For over 30 years Paul Baltes was a flagship in the “convoy of social support” that has guided my professional life. While I was staff (1974-1979) for the SSRC Committees on Work and Personality in the Middle Years and on Life Course Development, Paul's views and understandings from a psychological viewpoint, in combination with Matilda Riley's from a sociological, drew me into the world of research on age and the life course. What a heady intellectual experience for a newly-minted PhD! Those experiences shaped my entire subsequent career. He opened many doors to research questions and research organizations, both in the USA and Germany. He was always generous in his intellectual and personal support, providing advice and guidance whenever I requested it. As I wrote a year or so ago regarding Matilda's passing, I now can say with equal feeling, “I mourn his death like that of a parent.”

Neil Charness, Florida State University: Paul was a superb scholar and a true gastronome, oenophile, and raconteur. Fortunately, he forsook restaurant management for life span development. I fondly recall attending a dinner party (as a visiting scholar in Berlin in summer of 1993) that he and Margret hosted for Walter Mischel (attended by Ursula Staudinger, John Nesselroade, and another couple). After sparkling wine, we retired to the elegantly set dining room to enjoy an excellent mint-vegetable soup. Margret brought out a whole cooked salmon served with broccoli and spinach, accompanied with a lovely white wine. We moved on to a warm salad with steak chunks, and finally for dessert had wild blueberries with a slice of cherry filled ice cream. We retired to the living room for coffee/tea, after-dinner drinks, (e.g., kirschwasser) and wide-ranging conversation on topics from psychology to assisted death. The European Salons tradition was artfully nurtured at Paul and Margret's home.

Roger A. Dixon, University of Alberta Canada: I am pleased to share in the public commemoration of Paul B. Baltes. A larger-than-life figure in psychology and aging, he will be profoundly missed by the many and the few. His four decades of prodigious contributions to the field include a panoply of novel ideas, multiple programmatic bodies of

research, frequently cited classic publications, memorable phrases and terms, and of course a virtual academic army of well-trained students and protégés. Although I experienced him as a giant in the field, I also knew him as a mentor, collaborator, intriguing person, and friend. He had a marvelous and fluent mind: Was there any topic he could not discuss with clarity or perspective? Across several years of my early career, and in two distant locations, Paul and his family were generous hosts to me on numerous occasions. I will always be grateful for their warm conviviality, discriminating but unpretentious culture, and open door to a home-away-from-home.

Liz Stine-Morrow, University of Illinois-Urbana: Paul Baltes was an intellectual force whose influence ran broadly and deeply through psychology and the social sciences, from theory to methodology to the finest empirical work. As a primary architect of the life-span developmental framework, his scholarship has profoundly shaped the way human nature is conceptualized. By articulating the dynamic change, the potential for growth and compensation, and the meaning of loss in later adulthood, he helped to define the substance of this period in the life span. Paul served as President of APA Division 20 from 1976 to 1978, and received the Division's highest honor, the Distinguished Contribution Award, in 1990. He was a colleague, friend, and mentor to many in Division 20. The most extreme hyperbole seems inadequate to describe his loss. At the same time, he lives in his writings and the many fine scholars who were directly or indirectly mentored by him. For this, we are grateful.

Bob Sternberg, Tufts University: Paul was one of the most brilliant psychological scientists of the twentieth century, as well as a remarkable human being. I was crushed upon learning of his death, not having even been aware he was ill. What impressed me so deeply about Paul was his willingness to take on leadership roles in psychology and then use those positions positively to impact the field. His students and junior colleagues have been remarkably successful, in large part because of his brilliant mentorship. Paul showed great courage when he took on a field—wisdom—that few have studied at all and even fewer have studied empirically. He and his colleagues then went on to create the most influential program of research in this area that has ever been undertaken. Wisdom is an extremely difficult construct to conceptualize and operationalize, and Paul succeeded brilliantly in doing both. I think about Paul often, miss him, and feel that we were all cheated by his premature death.

Rosemary Blieszner, Virginia Polytechnic Institute and State University: Many will write about Paul's important contributions to research methods, theory, and new knowledge about life span development and aging, and about his powerful influence on those who studied and worked with him. I, too, appreciate Paul in those ways. But another side of Paul that touched me deeply was his mentoring while I was at Penn State. The articles he would put in my mailbox with "for keeps" noted at the top come to

mind, as well as his introducing me and the other ADEPT project grad students to noted scholars at conferences and his encouragement of our nascent efforts to publish research articles. Even more personally, I recall with warm feelings the baby shower held for me at Paul's home in State College, PA with the ADEPT team. Such a kind and gracious act of support for a humble grad student!

Michael Marsiske, University of Florida: Staudinger and Baltes (1996) reported that wisdom could be socially facilitated; both talking with a close partner and engaging in an inner dialogue (with an imagined close partner) best facilitated wisdom-related performance. For me, Paul Baltes always has been—and always will be—an important voice in my inner dialogues. Before I ever met him, he was one of written forces that urged me to think about cognitive plasticity and real world cognition, and led me to Penn State. During my postdoctoral years in Berlin, he modeled for me (and many others) an incisiveness of learned opinion, a strategy for clearly communicating findings, and a commitment to knowing what one's peers had done and were doing. He did this all with a grace and generosity that I have not seen before or since. When I first applied for jobs, his was the voice I took with me into negotiations, knowing that he would be much better at bargaining than I. Now though he has passed, he will remain a critically important source of direction and inspiration. I will miss hearing the real voice, but I treasure the remnants of it that remain—in me, and in the many students and colleagues he enriched with his contributions.

Masami Takahashi, Northeastern Illinois University: I began writing my dissertation on wisdom in 1995, and that was when I found the very first book on that subject (Sternberg, 1990). In particular, the chapter by Baltes and Smith was so influential that the other contributing authors, both those who agreed and who disagreed with them, used the Berlin paradigm as the primary frame of reference for their own studies. A few years later, when I was presenting a part of my dissertation at a conference, Dr. Baltes himself visited my poster! He was very casual yet inquisitive. At one point during our conversation, he asked me whether I was currently on the job market. In a split second without thinking, I said "no" because I had just accepted a job offer from a small Midwestern university. To this date, I regret that I didn't ask him whether he was offering me a position at the Max Plank Institute where virtually everyone in this field seems to have been associated.

Ranjana Dutta, Saginaw Valley State University: Dr. Paul Baltes will be remembered as a great scholar by all in the field of Lifespan Psychology. To me he was a great inspiration during my graduate life at Penn State. I was most impressed by his ability to add methodological rigor to the study of important topics like wisdom, goal pursuit

Memorial tributes continue on the next page

and longing (which had been left by mainstream psychologists on the wayside) or got out of fad. He researched what was important rather than trendy and given his position made it the trend. Lifespan psychology will miss his leadership.

Harvey L. Sterns, The University of Akron: Paul used to say to his students that you were only a student for a little while but that you were a colleague for life. In my case, it was a 39-year relationship that was filled with many wonderful professional and personal moments. My memory of the excitement of attending as a student the first Life-Span Developmental Psychology Conference at West Virginia University organized by Paul and Larry Goulet with Warner as department chair has not gone away after all these years. The conference set the stage for a momentous future and years of contributions by Paul and so many. For those of us who were early students, it is amazing how much of our understanding of life-span development was already present in Paul's thinking in the late 1960's. From then on it was an ongoing tutorial as new articles, books and chapters emerged. I will miss those collections of publications that would arrive with a card that said "Mit bestem Grussen" "With best wishes". We shared accomplishments of our children. Paul and Jacqui Smith went to see a film that my daughter had produced at the

Editors' Note: Harvey asked us to consider the ways in which Paul's legacy influenced and continues to influence the Life-Span Developmental program at West Virginia University. Below, we excerpt some of these thoughts:

The WVU Legacy

Constance Toffle, WVU alum: When asked to comment about graduating from West Virginia University's Life-Span program that continues to carry the Baltes tradition, I realized that the techniques I take for granted every day as I teach, came from that strict lifespan research tradition. The Introduction to Research Methods: Life-span Developmental Psychology text co-authored by Baltes, Reese, and Nesselrode became a companion those years of graduate school, and currently sits on my bookshelf for reference today. How fortunate I was to graduate from such a program.

Clare Mehta, Current WVU Graduate Student: Paul Baltes certainly left his legacy. His theoretical contributions are an integral part of the training we receive, and in our core developmental classes we read his work. Even first year graduate students know who he is and how he shaped life span developmental psychology.

Julie Hicks Patrick, faculty, West Virginia University: My first personal interaction with Paul occurred during a GSA conference when I was a first-year graduate student. My thesis chair, Harvey Sterns, and I were talking during the Opening Reception ceremony. A colleague approached Harvey and after chatting for a moment, Harvey turned to introduce me to the newcomer, Paul Baltes. Of course, as a new grad student, I was in awe. And then Harvey did the unthinkable – he actually left! Paul stayed and spoke with me for about 30 minutes regarding the importance of validity and reliability as I began to consider measures I would use in my Master's thesis project. I was thrilled and impressed that someone so "famous" would speak with graduate students. Looking back, I am even more impressed by his generous and humble spirit. Now as a faculty member in the Life Span Developmental program at WVU, I work in an environment that honors Paul's spirit and intellect by encouraging graduate students (and faculty) to always think critically about research, but kindly about people.

JoNell Strough, Coordinator, Graduate Training Program in Life-Span Developmental Psychology, West Virginia University: I recall a conversation I had with Paul shortly after I joined the faculty at WVU in 1996. When I mentioned WVU, he replied, "Ah, West Virginia, my favorite place." I have since wondered why Paul, who seemed so cosmopolitan, recalled West Virginia as his favorite place. Perhaps it was his memories of the years that he and Margret spent together while he was a WVU faculty member and she completed her graduate training in what was then the experimental program. Perhaps it was the collegial relationships and scholarly exchanges that grew out of the now legendary West Virginia Conferences on Life-Span Developmental Psychology. Perhaps it was both. Whatever the reason, I like to think that we honor Paul and his fondest memories of West Virginia by continuing to train students as life-span developmental psychologists. The life-span theory and research methods that he and his colleagues, Hayne W. Reese, John Nesselrode, and K. Warner Schaie originated at WVU are the cornerstones upon which the developmental program was founded in 1966. Today, along with the extensions of life-span theory and methods by Paul and his colleagues from the Max Planck Institute, (Ulman Lindenberger, Jacqui Smith, and Ursula Staudinger), these cornerstones remain firmly in place and provide the foundation for training the next generation of life-span developmental psychologists.

Candidates for Division 20 President

JACQUI SMITH

I am a Professor of Psychology at the University of Michigan and a Research Professor at the Institute for Social Research. Prior to moving to Ann Arbor in 2006, I was a Senior Research Scientist at the Max Planck Institute for Human Development in Berlin and Professor of Psychology at the Free University of Berlin. After obtaining my B.A. (Honors Psychology) at the University of Sydney, I completed my Ph.D. at Macquarie University on age and skill differences in music cognition. My advisor and mentor at Macquarie was Jacqueline Goodnow. In 1984, I left Australia for postdoctoral training at the Max Planck Institute in Berlin. My intention was to specialize in lifespan psychology, learn about research on aging, and then return to my faculty position at Macquarie University. However, the offer of a research scientist position in Berlin in 1987 was far too good to refuse. Thus began my long-term collaboration with Paul B. Baltes, initially on the memory training and wisdom projects and later in the Berlin Aging Study (BASE) and International Max Planck Research Network on Aging (MaxnetAging). I am a Fellow of the American Psychological Association and the Gerontological Society of America and a Member of the Academia Europea. I have been a member of APA since 1988 and served Division 20 as Member-at-Large (2001-2003).

My publications deal with aspects of adult cognition (memory, wisdom, workplace skills, expertise), self-regulation (life planning, self description, possible selves, wellbeing), and profiles of psychological aging in the Third and Fourth Age. My new projects at the University of Michigan examine learning potential in midlife and old age, images of older persons, and the differential impact of the timing and contexts of transitions (e.g., in health, social life, and disability) on psychological change from age 60 to 100.

Regular participation in the activities of Division 20 has been a significant factor in my professional development over the last 20 years. As President, one of my aims would be to expand our efforts to encourage new generations to join our network and engage in top-level research on adulthood and aging. The recent excellent update of the Division website is certainly one step in this direction. We will need to monitor its impact and explore other initiatives. In addition, I would continue the work of previous Presidents and members of the Executive to foster contacts with other APA Divisions and diversity of interests in the science and practice of research on aging.

LIZ ZELINSKI

I am the Rita and Edward Polusky Chair in Education and Aging and Professor of Gerontology and Psychology in the Leonard Davis School of Gerontology at the University of Southern California. I received my masters' and doctoral degrees in psychology, specializing in adult development and aging from USC. I then completed a National Institute on Aging individual postdoctoral fellowship in cognitive psychology with Leah Light at Pitzer College.

I am a fellow of the American Psychological Association and the Gerontological Society of America, and a member of the Association for Psychological Science, of the Psychonomic Society and the Society for Applied Research in Memory and Cognition. I was the Division 20 program co-chair with Sara Qualls for the 2005 APA meeting, and have been a member of other Division 20 committees over the years. I also served APA as a member of the editorial board of *Developmental Psychology* for three years and of *Psychology and Aging* for a total of 15 years. Additional service to aging research includes membership in NIA study sections.

My research is in modeling longitudinal cognitive change and its correlates in older adults, especially those over 80. Because this age group is the fastest growing subpopulation in both developed and developing nations, there is a clear imperative to understand cognition broadly as an indicator of the quality of life and as a major source of functional independence.

At the Andrus Gerontology Center, where I have spent my career, basic and translational research, and practice and policy relating to aging are considered equally important and integral to serving aging societies. So too for Division 20, with its diverse interests, which is a real strength for expanding the focus of aging on issues within APA. Awareness of worldwide demographic shifts is greater than ever. Yet, aging still seems to be treated as more as a special interest than as an ordinary and normative aspect of the human experience. Division 20 can lead the charge of not only "giving aging away", as Neil Charness has emphasized, but putting it on every relevant agenda; this will be a major goal of my presidency.

Candidates for Council of Representatives

NORMAN ABELES

Council of Representatives

I am very pleased to have been nominated for a term on the Council of Representatives of the American Psychological Association. It was just a short 10 years ago that aging took center stage within APA and the Office of Aging was established including the Committee on Aging (CONA) That was the year that Nobel Laureate Elie Wiesel was the featured speaker at the convention and an APA Presidential Task Force completed a document on the Evaluation of Dementia and Age-related cognitive decline. That was also the year APA published a booklet titled "What the Practitioner should know about working with older adults". Both of these efforts were part of my presidential initiative. More than 5000 of these booklets were distributed. In addition, George Niederehe, PhD and his colleagues were instrumental in having APA Council pass Guidelines for the Psychological Practice with older adults. In 2005 several of us attended the White House Conference on Aging and the Older Americans Act was passed soon thereafter.

But now it is 10 years later and I am so pleased that Sharon Brehm, PhD our current APA president has chosen aging as one of her presidential initiatives within the context of integrated health care. Two Toni co-chair this Task force (Toni Antonucci, PhD and Antonette Zeiss, PhD). There is also an advisory council which will help the Task Force achieve its goals and I am pleased to chair that Task Force. Of course, much of what has been accomplished within APA could not have taken place without the great work by APA staff and the APA staff liaison, Deborah Digilio, MPH. She has been of immeasurable help and continues to further our APA efforts in the area of Aging. We have also been successful in working with the American Bar Association in producing a joint publication titled "Assessment Of Older Adults with

SUSAN KRAUSS WHITBOURNE

Council of Representatives

When I served as Division 20 Representative from 2000-06, I gave priority both to representing our Division's interests and to reporting on the actions taken and issues discussed on the Council floor. My goal was to inform the membership about the APA's activities and to provide insight into the policies and politics that have a bearing on our future. Currently, I am Chair of the Policy and Planning Board, a position that has given me the opportunity to have a broader impact on APA as a whole, but my home is within Division 20. I have also served on several APA Presidential Task Forces and the Committee for the Structure and Function of Council. In addition to my work for APA, I have been active in Psi Chi, the National Honorary in Psychology, serving as the Eastern Region Vice President (2006-07). Presently, I am Fellowship Chair for Division 20 and was on the Planning Committee for the Pike's Peak Geropsychology Training Model Conference held in June 2006. I received Division 20's Master Mentor Award and the GSA BSS Distinguished Mentor Award. At the University level, I have won the Distinguished Teaching Award, the College Teaching Award, and the Outstanding Advising Award. Throughout my career, I have held a number of positions of leadership in Division 20, including President, Secretary, Treasurer, Program Chair, and chair of various committees. I am Professor of Psychology at the University of Massachusetts Amherst; my research focuses on personality in middle and later adulthood. I have written several texts at the undergraduate and graduate level, have edited a number of volumes in areas ranging from undergraduate education to psychopathology in later life. My most recent research includes a follow-up of my 34-year sequential study on psychosocial development in adulthood. The priorities I see for APA in the near future are to expand our efforts to reach out to new members, keep our current members active and involved, and of course continue to bring attention to the need to address the issues of aging within psychology as a whole.

Candidates for Member-at-Large

SUSAN TURK CHARLES, Member-at-Large

I received a Ph.D. in clinical psychology with an emphasis on aging from the University of Southern California in 1997. As part of my doctoral training, I completed a clinical internship at the Palo Alto Veterans Administration. Following, I was first a post-doctoral scholar and then a research associate in Psychology at Stanford University, in the area of personality psychology. I am currently an associate professor in the Department of Psychology and Social Behavior at the University of California, Irvine.

My research examines how emotional processes unfold across the life course. I am particularly interested in understanding the situations and conditions that predict age-related improvements and those that predict age-related declines in emotion regulation processes and in affective well-being. A focus of this research involves studying how physical health symptoms and conditions are related to well-being and emotion regulation strategies, and how these relationships may vary by age.

I am committed to the mission of Division 20. I feel strongly that mental health professionals and scientists dedicated to serving older adults through services and scientific advances need increased financial, political and popular support. With the graying of every industrialized country, older adults represent an increasingly large percentage of our population and an even larger proportion of people who seek healthcare services. Psychologists who have devoted their careers to understanding how the effects of these changing demographics on our society will play important roles in shaping healthcare and social policy. These psychologists are the members of Division 20, and I would like to help further the goals of its members by serving as member-at-large.

BECCA LEVY, Member-at-Large

I received a B.A. in Psychology from the University of Michigan and a M.A. and Ph.D. in Psychology from Harvard University. I now teach at Yale University where I hold a joint appointment as Associate Professor in the Departments of Psychology, and Epidemiology and Public Health. When I started conducting research in graduate school, studies about views of aging focused on how they influenced younger persons' perceptions of and behaviors toward older persons. In contrast, my research has focused on how older persons are influenced by their own views of aging. Using experimental methods, we found that positive age stereotypes can affect a wide array of outcomes in older individuals, including better memory performance and lower cardiovascular response to stress. Using longitudinal methods, we found that positive aging self-perceptions predict better functioning and survival. I feel fortunate that recognition of this research has led to my receiving: the Springer Award for Early Career Achievement in Research on Adult Development and Aging from APA Division 20; the Margret M. Baltes Award for Outstanding Early Career Achievement in Social and Behavioral Gerontology from GSA; and the Brookdale Leadership in Aging Fellowship. My involvement with Division 20 began as a graduate student and has almost come full circle, because I now enjoy reviewing applications for the Division 20 student research awards. It would be a privilege to serve as member-at-large.

JOHN DUNLOSKY, Member-at-Large

I completed my PhD in psychology at the University of Washington in 1993 and then took a postdoctoral position in cognitive aging at the Georgia Institute of Technology. In this position working closely with Dr. Christopher Hertzog, I developed strong interests in exploring age-related deficits in memory and how people can compensate for them. In 1995, I joined the faculty at the University of North Carolina at Greensboro. Since 2004, I have been in the Department of Psychology at Kent State University, where I continue to pursue my interests in cognitive aging.

My research involves understanding how aging influences self-regulated learning, which involves monitoring one's own progress and making decisions on how to study efficiently. We have discovered that people's self-regulatory skills remain largely intact as they age, and perhaps more exciting, that people can use these skills to improve their learning. This research has been funded by the National Institute on Aging since 1995 and has appeared in a variety of journals, including *Psychology and Aging*, *Developmental Psychology*, and *Journals of Gerontology: Psychological Science*.

I greatly appreciate Division 20, which ensures its members stay in touch with developments in the field—for me, the programs sponsored by Division 20 are a highlight at APA's conference. I understand the importance of service; I have served on the editorial board of *Psychology and Aging* and am currently an Associate Editor for *JEP:LMC*. I would enjoy extending this service work to support gerontology at APA as a member-at-large for Division 20.

DANIEL G. MORROW, Member-at-Large

I received my PhD in cognitive psychology from UC Berkeley in 1982. After a post-doc at Stanford University Psychology Department, I have since held research positions at Stanford University Medical Center, NASA-Ames Research Center, and the University of New Hampshire. I am now an Associate Professor at the Institute of Aviation, University of Illinois at Urbana-Champaign.

My research has focused on the impact of age-related cognitive differences on performing complex tasks in both aviation and health care domains, and how to design environments to support older adult competence on these tasks. Current projects focus on improving medication instructions for older adults with low health literacy, and designing external aids to support older pilots' communication with air traffic controllers. Much of my research in these areas has appeared in APA and GSA journals.

I have been a member of Division 20 for over 10 years, usually participating as a reviewer and presenter for the Division's program at the APA annual meetings. In addition, I have served on the editorial board of *Psychology and Aging*, and have just joined the board of *Journal of Experimental Psychology: Applied*. I would welcome the opportunity to increase my formal involvement with Division 20, and APA more generally, by serving as member-at-large for the Division.

Division 20 Executive Committee, Mid-Year Meeting Nov. 18, 2006 (Dallas, TX)

Members present: Cory Balkan, Neil Charness, Karen Fingerman, Bert Hayslip, Chris Hertzog, Scott Hofer, Bob Knight, Lisa Miller, Jeanine Parisa, Brent Small, Ron Spiro, Harvey Sterns, Mary Ann Stevens, Elizabeth Stine-Morrow, JoNell Strough, Judith Sugar, Masami Takahashi, Susan Whitbourne. **Guests present:** Toni Antonucci, Rosemary Blieszener, Debbie DeGillio, Ursula Staudinger

Agenda

Liz Stine-Morrow called the meeting to order. Before beginning with the committee reports, a series of announcements made with regard to the recent passing of Paul Baltes.

- Liz thanked Michael Marsiske for his work on the D20 web site that provided information about Baltes.
- Liz announced that flowers had been sent to Christine Windbichler, Paul's wife, on behalf of Division 20.
- Chris Hertzog & Ulman Lindenberger are organizing an APA symposium in honor of Paul Baltes.
- Debbie DiGillio is talking to people at *American Psychologist* to get the obituary in that publication.
- Collected remembrances about Baltes, compiled in their entirety on the website; Harvey Sterns will edit a collection for the newsletter article.

1. Committee report

- a. Treasurer's report [Scott Hofer]: Scott thanked George Rebok for his help with the transition. Scott reports that our division continues to be sound financially.
- b. Elections: [A. Spiro]: This year's ballot will include the president-elect, 2 members at large, and the Council representative. Nominations were solicited.
- c. Continuing Education [B. Hayslip]: The previous continuing education offering did not quite break even financially, although the session was praised by those involved. For the upcoming meeting, Delores Gallagher is proposing something related to minority elders. Harvey Sterns is now co-chair of the committee.
- d. Fellowship [S. Whitbourne]: In her summary of the Fellowship process, Susan indicated that the nomination process is relatively straightforward for new fellows, but APA takes a while to get the forms out. There will be an announcement coming out over the listserv to get the appropriate forms. Needed are an application form and three letters, which are sent to Susan Whitbourne. Last year there were no fellows put forward; the goal for this year is to get two nominations. Self nominations and other nominations are welcome. People who are already fellows in other divisions can also be invited to become members of division 20; nominations for those people should also be sent to Susan. Letters of nomination

should emphasize the contribution the person has made to the field. Liz suggested that we send out the membership list to the EC so we can generate names of potential fellow nominees. There was some discussion about the criteria for fellows, so we can maximize the likelihood of having our nominees accepted by APA.

- e. Membership [J. Gaugler]: Susan also reported on behalf of Joe on membership. Some ideas for recruiting new members were offered by the committee: a) find old members who've let their memberships lapse. It may be possible to find those names through Division services; b) Provide incentives for recruitment. Ideas generated: free APA dues; free drink at D20 social event, free access to APA pubs – gold or silver access; c) Provide an incentive for joining (e.g., small gift); d) Require division membership of those who request access to listserv, or heavily recruit those who request access; e) Publicize fact that membership gets access to *Psychology and Aging*.
 - f. Program [L. Miller]: Division 20 has 14 substantive hours, 7 non-substantive (social hour, EC meetings, etc) (see printed report). It was discussed how best to use our limited time for symposium. Suggestions were made to try to co-sponsor symposia. It was suggested that the Division send out announcement to have people register D20 as their primary when they register for APA so the Division gets credit, and thus more program hours in the future. Options for social hour in SF were discussed. The suggestion was made to skip the social and subsidize the dinner. The discussion will be continued via email.
2. Baltes Distinguished Research Award and RRF Dissertation Award (Stine-Morrow)

During Neil Charness' presidency, D20 began discussions with the Baltes Foundation about providing funding for our most prestigious award, the Distinguished Research Contribution Award, so as to increase visibility for and promote excellent research in the psychology of aging. One implication is that D20 would need to find funding for the dissertation award currently funded by the Baltes Foundation. One possibility is the Retirement Research Foundation, but there was some ambiguity about whether their guidelines would allow them to fund international students. In Fall 06, Forrest (awards chair) talked with John Santos and secured an agreement that international students could be funded. So, we will now have a Margret Baltes Distinguished Research Contribution Award, as well as a dissertation award funded by RRF.
 3. Student poster award [Brent Small]: Brent presented an idea about changing the criteria for the existing student poster award. One option suggested was live judging during the APA

APA conference. Most people felt this would create too many logistic complexities. A second option was to have student send a pdf of the poster that is distributed to judges and they judge the submission that way. The second option was adopted. A second issue raised was that currently the program chair deals with the student poster award. Neil Charness suggested that the Program Committee evaluate submissions and forward top four submissions based on scores to the Awards Committee to make final decision. It was also suggested that the membership be better informed of the winners by posting abstracts on the web. Discussion then focused on how to handle the receipt of abstracts and have students identify themselves as wanting to be considered for the award. Decisions regarding these issues were delegated to the Awards Committee.

4. Future of the D20 Listserv (Michael Marsiske): Dealing with increasing spam on the listserv is becoming increasingly time-consuming, and Michael needs help. Neil Charness reminded us that we put an item in our budget last year to support the listserv; we need to contact Michael and see what he needs to help support him. Liz will contact.
5. Internationalizing APA – and D20 (Takahashi): APA has some proposals about internationalizing the organization and conference attendance. Masami shared the proposal made by APA. In line with this proposal, Masami presented some ideas that D20 might do to be more attractive to international members. One possibility would be to start with the D20 home page. For example, links to labs around the world could be included. Another suggestion was to invite Merry Bullock to come talk to us about APA's view of international relations. A third idea was to identify authors from outside US and try to recruit them to D20. One final suggested is that Division 20 might provide a list of people willing to do some mentoring of international scholars, available to APA for referral.
6. Brehm's Presidential Task Force on Integrative Health-care for an Aging Population [T. Antonucci, co-chair]: Toni Antonucci summarized the initial meeting of the task force. The interdisciplinary task force members each bring a different perspective to the problem of integrated health care. The task force plan is to create a product that will help psychologists be productive members of interdisciplinary/integrative care teams. The suggestion was made that the task force might capitalize on the health care literacy symposium already scheduled for APA.
7. Baltes Distinguished Research Award (Stine-Morrow and Staudinger): Liz expressed on behalf of D20 to Ursula Staudinger on the passing of Paul Baltes. Ursula talked about her ideas for the future of the award, which would be to rename it the Paul and Margaret Baltes award. However, the Baltes Foundation board has to approve this idea so D20 will proceed with its awards as planned until we hear differently from Ursula.

8. APA Office on Aging [D DiGilio]: Rosemary Blieszner, chair-elect of CONA, updated the EC on the APA Committee on Aging activities. See written report. Debbie will be re-instating the aging leadership conference call, having monthly conference calls with D20 president, CONA president, and the D12/2 president. Final White House Conference on Aging report came out; Debbie will be working on creating a more manageable document that will be more useable. It was also noted that a recent APA Monitor featured aging and provided nice press for issues related to D20.

Adjourn

Student News

Submitted by Cory Bolkan, Jeanine Parsisi, & Matthew Shake

We hope your year has been productive and exciting thus far. We are pleased to serve you as this year's Division 20 graduate student and post-doctoral representatives. Jeanine is a Ph.D. candidate in Educational Psychology at the University of Illinois Urbana-Champaign, and is currently investigating the relationship between daily activities and cognitive performance through later adulthood. Matthew is also a Ph.D. candidate in Educational Psychology at the University of Illinois Urbana-Champaign, and is currently researching the contextual cues influencing age differences in eye movements when reading text. Cory is a research associate at the University of Washington and a postdoctoral fellow at the Puget Sound VA's Northwest Center for Outcomes Research in Older Adults; she is investigating late life depression in veterans as well as the implementation of a collaborative care model for depression management in primary care.

Get involved in the myriad of Division 20 activities and events, especially for the upcoming APA convention in San Francisco. To that end, we have organized a very special Division 20 graduate student conversation hour titled, "Crafting a Grant Proposal for Aging Research," featuring Jeff Elias, Ph.D., Chief of the Cognitive Aging Program in the Behavioral and Social Research Program at the National Institute on Aging (NIA). The event will be a terrific chance to discuss the grant proposal process with an NIA representative as well as fellow graduate students and postdocs. This conversation hour will be centered on several topics pertaining to the grant writing process such as how to identify and obtain funding in gerontological research, understanding the review process, as well as tips for writing and grant preparation.

We are organizing a graduate student social event to follow the conversation hour. This will be a great chance to enjoy food, drinks, and to mingle with your fellow Div. 20 graduate student and postdoc members! Previous attendees have made lasting connections and report it was a highlight of their convention. More details coming soon! We hope to see all of you in San Francisco in August! Please feel free to contact us if you have any questions!

jparisi@uiuc.edu, mshake@uiuc.edu, bolkan@u.washington.edu

APA Convention: Division 20 Social Event in San Francisco!!

Division 20 is planning a wonderful evening event for the APA Convention at the Hyatt Grandviews (<http://grandsanfrancisco.hyatt.com/hyatt/hotels/entertainment/restaurants/index.jsp>). The Finance Committee has agreed to a plan for subsidizing D20 and D12II members and students (in part from a budget line for a division suite that we are not using). Ticket prices, including the venue all night, a three-course meal, tax, and tip, will be: \$60 for D20 and D12II members (with the membership price extended to one guest); \$30 for students \$75 for nonmembers of D20 or D12II.

For the latest updates on the APA Convention, candidates for Division offices, and other breaking news, visit the award-winning Division 20 website at:

<http://apadiv20.php.ufl.edu/>

Division 20 Newsletter to Leave WVU

We (Julie Patrick, JoNell Strough, and Jennifer Margrett) have served Division 20 as the co-editors of the Newsletter since 2002. The current issue is the last issue of the Newsletter we will co-edit. We have enjoyed working together to serve Division 20. It has been a pleasure to work with the current and past presidents of the Division, including Liz Stine-Morrow, Neil Charness, Bob Knight, Leah Light, and Harvey Sterns and the members of each Division 20 Executive Committee. We thank those colleagues who have contributed to the Newsletter under our editorship. We also thank our graduate students who have worked with us under tight deadlines to edit the Newsletter. Finally, we thank Harvey Sterns and Marty Murphy for their assistance in moving the editorship of the Newsletter from the University of Akron to West Virginia University. Beginning with the next issue, Jennifer Margrett will assume editorship of the Division 20 Newsletter at Iowa State University. Materials for the next issue may be submitted to: Margrett@iastate.edu.

Adult Development and Aging News

Division 20, American Psychological Association

Co-Editors:

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