

Adult Development & Aging News

Volume 32, Number 1
Summer 2004

20 DIVISION

President's Message

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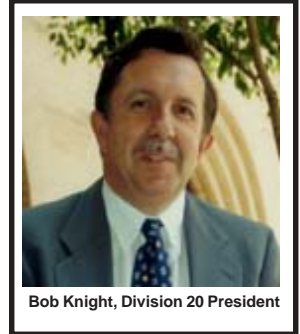
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One of the things that recent past presidents told me about this role is that the year goes by quite quickly. Here we are in Summer, 2004, near the end of my term. It has been a quick year, and an enjoyable one. One of the things that I think makes Division 20 unusual is that the Executive Committee is a very actively involved group, with a number of very dedicated and proactive committee chairs that do the real heavy lifting in the Division's work.

Many thanks to Ron Spiro for pulling together an excellent program for the annual meeting, coming up soon in Honolulu. Rosemary Blieszner did a great job on organizing a slate of candidates for Fellow status in APA and in following up on that process. Dan Mroczek and Adam Davey have done great work on running the bulk of the Awards program for our Division. Greg Smith has been an excellent

continuing education chair; he and Sue Whitbourne had the additional exciting task of pulling together the pre-convention cruise CE offering. Chris Hertzog put in another fine year lining up candidates for our elected positions. The ongoing management of major Division tasks have been carried forward by TJ McCallum on Membership, Joe Gaugler and Sean Meegan for Education, Michael Marsiske for Internet and Listserve, and Steven David as Student Rep.

Our several liaisons keep us plugged in to other important APA groups including Harvey Sterns with CONA, Andy Smith with the Science Directorate, Judith Sugar with the Education Directorate, Silvia Sørensen for International Relations, and Mary Ann Parris Stephens for the Committee on Women.



Bob Knight, Division 20 President

Jane Berry as Secretary and George Rebok as Treasurer keep the business of the Division running smoothly. Susan Whitbourne and Paul Costa represent us ably and actively in Council. Our Members at Large serve in a variety of ways and help us with the governance of the Division: Neil Charness, Manfred Diehl, Judith Sugar, Gisela Labouvie-Vief, and Forrest Scogin.

And, of course, our gang of three Newsletter Editors: JoNell Strough, Jennifer Margrett, and Julie Patrick. They do an excellent and diplomatic job of keeping the articles coming, including getting the

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Adult Development and Aging News is published three times a year by Division 20, Adult Development and Aging, of the American Psychological Association.

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Adult Development & Aging News is co-edited by Jennifer Margrett, Julie Hicks Patrick & JoNell Strough, all at the Department of Psychology, Life Span Development, West Virginia University. www.as.wvu.edu/psyc

Deadlines for submissions are:
September 1
February 15
June 1

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Address changes need to be made through the APA office at (800) 374-2721 (e-mail: membership@apa.org). Your Newsletter editors must use the addresses that APA provides.

Note From Co-Editors:
We thank those who contributed to this issue. We encourage division members to send us announcements of general interest and short provocative pieces. If you have an idea for a feature article, please contact one of us.

President to submit columns on time, more or less. Speaking of "gangs of three", we've continued a tradition of active communication and collaboration among the three presidents. It's been an easier and more enjoyable job with the help and support of Harvey Sterns and Leah Light.

Much of the work of the last several months is reflected elsewhere in this issue in the annual meeting program or will be revealed at the annual meeting: the results of elections and the naming of 2004 Awardees. We recently completed the first round of public comment on the petition for recognition of geropsychology as a professional specialty within psychology and the comments were few and generally positive. These comments go to the Commission in late May and a further status report should be available at the annual meeting.

Musings about our field

One thing that has impressed me for years about adult development and aging is the extent to which we all get along. At least on a comparative

basis, the field seems relatively free of fierce debates and ongoing rivalries. A number of years ago I testified before a committee of the California legislature about the aging component of a model plan for mental health services. (How many of you are also old enough to remember when states thought in terms of model plans for services?) The legislator commented at the end that the aging group was the only group that generally agreed about what needed to be done and in which everyone was generally positive about the work that others were doing. Apparently the testimony on depression, schizophrenia, and so forth were marked by fierce debate and competitive assertions that one approach was far better than another. More recently, I remember a packed room for a panel of major researchers on emotion and aging,

and I was struck by the expressions of mutual regard among theorists whose work could have been seen as representing conflicting models of emotion and aging. On one hand, I think this spirit of good will and mutual regard is one of the background elements that attracted me to psychology and aging and has kept me involved in the field. On the other hand, I've begun to wonder in recent years if we pay a price in terms of excitement and progress in the field. I often lurk, and sometimes participate, in a more generalist listserve where a wide range of statements and assertions are challenged, sometimes in a friendly way and sometimes in a clearly contentious manner. It's a lot of fun, and I often learn a lot about advances in the field. The debates also get me questioning ideas that I've held for years. It often crosses my mind, usually when talking with students about controversial topics in other areas, to wonder if there are such controversies within geropsychology. I have fond memories of the debate between Baltes and Schaie in one corner and Horn

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News from APA

Submitted by Susan Krauss Whitbourne & Paul Costa
Division 20 Council Representatives

As reported in the Spring 2004 newsletter, the Council dealt in its February meeting with the issue of the retirement compensation of the former CEO, Raymond Fowler. Since that time, the Board of Directors has examined internal governance procedures relative to major financial and personnel decisions with an eye toward enhanced transparency.

Within our Council caucus (CASAP—Coalition of Academic Scientific and Applied Psychologists), deliberations are underway to introduce legislative action items to promote science-based initiatives, including mechanisms to support APA Science Directorate activities. We expect to have specific proposals to bring to the next Council meeting. Equally important, we are building links to the Board of Scientific Affairs and the Science Directorate that will allow for continuing collaboration.

By the time this newsletter is printed, we should know the results of the vote regarding Division 20's position on endorsement of president-elect candidates. Regardless of the outcome, I would like to urge you to vote for APA president when the ballot arrives in the fall. The personal recommendation that Paul and I have is that you vote for Sharon Brehm. You will be able to read her position statement in the fall issue

of the newsletter and we would like you to consider casting your vote on her behalf if you find her statement to be consistent with your views. We have had the opportunity to work closely with Sharon and find her to be an individual with solid academic qualifications; in addition, she is a licensed psychologist who understands the needs of clinicians. If you would like to support a candidate who is more strongly affiliated with practice, Katherine Nordal would make an excellent second choice. Again, as mentioned earlier, the main point is that you exercise your right to vote!

As always, if you have any questions that you would like answered, or issues that you would like Council to address, please contact one of us and we will be delighted to address your concerns. The next newsletter will contain details of the July Council meeting held in Honolulu. Meanwhile, thank you for your continued interest and support!

President's Message continued from p. 2

and Donaldson in the other that ran in the pages of the *American Psychologist* for a few issues in the mid-1970s. I used it to illustrate the underlying issues in classes for a number of years thereafter.

Do we have controversial issues in geropsychology today? Can you imagine running debates about theories on a Division 20 listserv? Could a full book be organized around such issues? If not, is it healthy for a scientific field to have reached such consensus at such a young age? I'm generally better at questions of this sort than of answers, so I'll move off into past-president status, leaving these questions for you to ponder—hopefully on your way to the meeting in Honolulu!

Aloha!

APA Convention Dates

2005	Washington, DC	August 18–2
2006	New Orleans, Louisiana	August 10–1
2007	San Francisco, California	August 16–1
2008	Boston, Massachusetts	August 14–1
2009	Toronto, Ontario, Canada	August 13–1
2110	San Diego, California	August 12–1

Teaching Tips

Summary of Archived Features

Sean Meegan, Western Illinois University

As the summer quickly slips past, many of us will soon consider ways to enhance our existing adult development and aging courses. Did you know the Division 20 website has archives of previous newsletters with Teaching Tips articles that might provide ideas for innovations in your courses? Below is a list of the issues, authors, and topics introduced since Teaching Tips became a regular column in the Division 20 newsletter. Visit <http://apadiv20.php.ufl.edu/newslet.htm> for the full text of the articles.

Please see accompanying Word file for additional information.

Don't forget to check the Division 20 syllabus archive for additional ideas for general and specialized undergraduate and graduate courses in adult development and aging. Syllabi in the archive include a wealth of ideas for textbooks, readings, research projects, writing assignments, films, and in- and out-of-class activities. These have been developed and are in use by your colleagues across the country in a variety of educational contexts. Syllabi are available to view online at <http://apadiv20.php.ufl.edu/syll.htm>.

APA 2004 Convention News

This year, we received over 100 submissions, and were able to accept the majority. Thank you! to all the reviewers who took the time to evaluate the proposals. The electronic submission and review greatly facilitated the process, and hopefully will be even better next year. The "cluster program" format of the previous two years has been dropped for this year, and hopefully, for the future. As in recent years, most convention programming will be at the Hawaii Convention Center, and will be scheduled from 8am until 2pm over 5 days. Some divisional programming will be in the Hilton Hawaiian Village, so note the location of events. New features this year include cross-divisional sessions (we have one with Divisions 12 and 18 on the President's New Freedom Commission on Mental Health), and APA has given us an additional poster session this year. Thus, our program includes 3 poster sessions, 1 invited address (by Ravenna Helson), and 9 symposia. On Saturday, in addition to a poster session and a symposium, we also have the Distinguished Research Achievement Award address (by Margie Lachman), the Presidential Address (by Bob Knight), Business Meeting, Social Hour, and the social event, which will run from 3pm until 10pm, so please plan accordingly. Reservations for the social event, an evening cruise, should be made as soon as possible, since we have a limit of 200. Further information on the program and the social event are available on the Division web page <http://apadiv20.phhp.ufl.edu/apa2004.htm>. If you have any questions, contact me at div20in2004@aol.com.

Ron Spiro
2004 Program Chair

Student News: Conference Programming

Hello Div. 20 Student Affiliates,

Student Social at APA 2004 in Honolulu:

Division 20 is planning a student social at the APA convention in Honolulu for Thursday evening, July 29th, from 7pm to 9pm. This will be held at a pizza restaurant close to the convention and will include free pizza and soft drinks. In order for us to plan this event, we need to get an idea of how many people plan to attend. Please email me directly at stevenda@usc.edu and let me know if you plan to attend. Those who RSVP will be notified by email in July regarding location and directions.

APA 2004 Symposium:

A Division 20 symposium designed to benefit students will be held at the 2004 APA convention. This symposium, entitled *Diversity Issues in Careers in Adult Development and Aging*, will feature participants Dr. Patricia A. Arean, Dr. James S. Jackson, and Dr. Douglas C. Kimmel. Participant topics include: *Methods for developing minority psychologists in mental health research*; *Diversity and aging related research on African Americans*; and *Working with sexual minorities*.

I look forward to seeing all of you in Honolulu!
Steven David
2003-2004 Div. 20 student rep.

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 Accompanying Tables

Date	Author	Title	Summary
Fall 2000	Susan Krauss Whitbourne	"The Aging Dimension in Undergraduate Psychology Courses: Suggestions for Integration"	Dr. Whitbourne summarized a symposium from APA she co chaired with Dr. John Cavanaugh that addressed infusing aging into introductory, cognitive, social, industrial-organizational, and abnormal psychology courses.
Spring 2001	Karen Fingerman	"Life Span Development at the Graduate Level"	Dr. Fingerman described her experiences developing a life span development proseminar and identified challenges associated with covering aging alongside child development.
Summer 2001	John Cavanaugh	"Where No One Has Gone Before: Non-Traditional Ways to Engage Students"	Dr. Cavanaugh identified resources and made suggestions for unique ways to facilitate active engagement among students in your courses.
Fall 2001	Susan Bluck	"Virtually Speaking"	Dr. Bluck described her experiences and offered suggestions for developing WWW-based aging courses.
Spring 2002	Aurora Sherman	"Infusing Aging Content into Health Psychology"	Dr. Sherman provided tips and offered resources for those expanding the coverage of aging in their Health Psychology courses.
Summer 2002	Susan Krauss Whitbourne	"Integrating Aging"	Dr. Whitbourne highlighted the publication of an edited volume (with Dr. John Cavanaugh) of ideas for integrating aging issues across the undergraduate psychology curriculum.
Fall 2002	Shannon Jarrott	"Family Meetings in Adult Development and Aging Courses"	Dr. Jarrott described her strategy of grouping students in "families" who must consider and deal with a variety of adult developmental issues that different family members must face.
Spring 2003	Jenessa Johnson	"Training Teachers in Graduate Courses: A Graduate Student's Perspective"	Ms. Johnson summarized a unique graduate experience where students developed and shared teaching resources for a wide variety of topics in addition to normal graduate-level adult development and aging course requirements.
Summer 2003	Graham D. Rowles & John F. Watkins	"Elder Mentorship in Graduate Education"	Drs. Rowles and Watkins provided suggestions for making adult development and aging course content come alive for students through partnerships between students and elders in the community.
Fall 2003	Robert C. Intrieri, Kristin Sarama, & Jurgis Karuza	"Psychology Boot Camp"	Drs. Intrieri and Karuza described intensive research training opportunities for undergraduates and Ms. Sarama provided a student's perspective based on her experience in "psychology boot camp."
Spring 2004	Robert G. Bringle	"Service Learning and Education on Aging"	Dr. Bringle described how to use service learning to promote students' involvement in activities that benefit the community and simultaneously fulfill educational objectives.

Chair	Title & Speakers	Date/Time	Room*	Co-listed
Wed 7/28				
K. Ball	Mobility Loss Among Older Adults: Prediction, Consequences, and Prevention (D. Vance, D. Roenker, V. Wadley, J. Edwards, H. Stern)	9:00 AM - 10:50 AM	HCC 328	12, 22, 40
L. Hyer	Psychological Interventions in Long-term Care: Perspective on What Works (L. Snow, V. Molinari, L. Hyer, R. Zweig)	11:00 AM - 11:50 AM	HCC 325B	12, 31, 38
T. Antonucci & H. Akiyama	Aging: Individual and Cultural Influences (D. Keller-Cohen, E. Brown, T. Antonucci, M. Kaneko, K. Fiori)	12:00 PM - 1:50 PM	HCC 313A	8, 9, 21, 22, 35, 38, 42, 45, 52
Thu 7/29				
Mehrotra	Engaging Undergraduate Faculty and Students in Aging Research (C. Mehrotra, S. Wood, L. Henkel, M. Kelty)	8:00 AM - 8:50 AM	HCC 308B	21, 35, APAGS, Psi Beta, Psi Chi
-	Executive Committee Meeting	8:00 AM - 9:50 AM	HHV Sea Pearl Suite V	-
Poster	Clinical Issues of Aging	9:00 AM - 9:50 AM	HCC Exhibit Hall	-
Helson	Invited Address: From young adulthood through the middle ages	11:00 AM - 11:50 AM	HCC 301A	31, 34, 35
Fri 7/30				
Levenson	The Wisdom Project (L. Kelly, P. Jennings, L. Yancura, T. Le, S. Schwarzwaelder, R. Helson)	8:00 AM - 9:50 AM	HCC 306A	8, 12, Psi Chi
Poster	Cognitive aging and dementia	9:00 AM - 9:50 AM	HCC Exhibit Hall	40
Hertzog	Social Cognition, Beliefs, and Aging (F. Blanchard-Fields, E. Leventhal, A. Pearman, C. Hertzog, L. Carstensen)	12:00 PM - 1:50 PM	HCC 328	8, 21, 35, 42
Sat 7/31				
Poster	Social and Personality Psychology of Aging	9:00 AM - 9:50 AM	HCC Exhibit Hall	8
Whitbourne	Individual and Social Processes at the End of Life (N. Abeles, P. Duberstein, J. Bringle, V. Cicirelli, A. Benjamin, W. Haley)	12:00 PM - 1:50 PM	HCC 316A	8, 12, 31, 35, 38
Lachman	Distinguished Research Achievement Award Address: Sense of control and aging: Implications for cognition and health	3:00 PM - 3:50 PM	HHV South Pacific Ballroom IV	8
Knight	Presidential address: The search for cultural differences in understanding family caregiver distress	4:00 PM - 4:50 PM	HHV South Pacific Ballroom IV	12, 31, 35, 45, 52
-	Business Meeting	5:00 PM - 5:50 PM	HHV South Pacific Ballroom IV	-
-	Social Hour	6:00 PM - 7:50 AM	HHV South	-

Pacific Ballroom
III

Sun 8/1

Knight	Diversity Issues in Careers in Adult Development and Aging (P. Areal, J. Jackson, D. Kimmel, S. David)	8:00 AM - 8:50 AM	HHV South Pacific Ballroom I	9, 12, 35, 44, 45, APAGS
Cipher	Clinical Geropsychology in Long-Term Care (D. Cipher, A. Clifford, K. Roper)	9:00 AM – 9:50 AM	HCC 324	12, 31, 38

Division	Chair	Title	Date	Time
12, 18, 20	Kaslow, Nadine	<u>Cross-cutting symposium:</u> President's Freedom Commission on Mental Health Report: Implications for Psychology	TBA	TBA
2	McAdams, Dan	<u>GS Hall Lecture:</u> The Redemptive Self: Generativity and the Stories Americans Live By	Fri 7/30	10:00 – 10:50 AM
2	Pyszczynski, Tom	<u>GS Hall Lecture:</u> Why Do We Need What We Need? Searching for the Motive Beneath the Motives	Fri 7/30	11:00 – 11:50 AM
5		Leaving the Lab: Telemetric Monitoring in the Social and Behavioral Sciences	Sat 7/31	8:00 – 9:50 AM
5		Recent Developments in Psychological Testing: Update for Assessment Professionals	Wed 7/28	9:00 – 10:50 AM
5		Understanding and Modeling Causation	Fri 7/30	8:00 – 8:50 AM
7		G. Stanley Hall Award—Michael Rutter		
7	Calvert, Sandra	Frontiers of Developmental Science		
7	Burchinal, Peg	Workshop—Growth Curve Analysis		
8	Goldberg, Lew	Childhood Personality and Adult Health in a Cohort from Hawai		
8	Ryff, Carol	The Henry A. Murray Award Address		
9	Sakai	Suicidal behavior in adolescent, elderly, and Asian and Pacific Islander populations		
12	Hinrichsen, Greg	Assessment of capacity in older adults		
12	Scogin, Forrest	Establishing evidence-based treatments for older adults		
12		<i>Poster session</i>		
12	Anderson, John	Roles for psychologists in end-of-life care and research		
21	Charness, Neil	Older adults and new technology: Creating usable systems	Sat 7/31	8:00 – 9:50 AM
22	Shigaki, Cheryl	Capacity Issues: From the Perspectives of Geropsychology and Rehabilitation Psychology		
38	Perlmutter, Larry	Division 38 Fellows session		
38, 40	Abeles, Ron	<u>Workshop:</u> Opportunities for Behavioral and Social Science Research at the NIH	Fri 7/30	8:00 – 9:50 AM
39		Panel: Psychoanalytic Perspectives on Understanding and treating Older Women		
40	Selnes, Ola	<u>Invited address:</u> Hearts and minds: cognition after bypass surgery	Thu 7/29	10:00 – 10:50 AM
42	Cowger	Helping those left behind when one commits suicide: the survivors (Workshop)		
42	Simon	To retire or not ... that is the question (Discussion)		
42	Vache-Hasse	Utilizing an Interdisciplinary Approach When Treating the Elderly (Paper)		

Nominations Sought for APA Fellows

For new Fellows:

1. Possession of a doctoral degree based in part upon a psychological dissertation conferred by a graduate school of recognized standing;
2. Membership in Division 20 for at least two years;
3. Achievement of a minimum of five years of acceptable professional experience subsequent to the granting of the doctoral degree;
4. Evidence of unusual or outstanding contribution or performance in the field of psychology;
5. Record of distinguished and scholarly contribution to the field of adult development and aging, ordinarily in the form of published papers or books documenting the work in empirical research, the development of theory or method, or other scholarly pursuits; and
6. Presentation of endorsements from at least three fellows of APA (the majority of whom must be fellows of Division 20) written within the past year.

The nominee submits a self-written statement about the professional accomplishments that warrant Fellow status, a completed copy of the Uniform Fellow Application, and a CV with publications marked R for refereed as appropriate.

For Div. 20 members who are already APA Fellows:

1. Membership in Division 20 for at least two years, and
2. Professional work related to the psychology of adult development and aging.

Current Fellows of other divisions who wish to become Fellows of Division 20 submit the Uniform Fellow Application, their APA membership number, and a CV.

The next review process will take place in spring, 2005; completed application packages will be due Jan. 7, 2005.

Submit nominations to and request forms or more information from:

Rosemary Blieszner, Division 20 Fellowship Chair, Department of Human Development (0416), Virginia Polytechnic Institute and State University, Blacksburg, VA 24061, Phone: (540) 231-5437, Fax: (540) 231-7012, Email: rmb@vt.edu.

Adult Development and Aging News

Division 20, American Psychological Association

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