

# Adult Development & Aging News

Volume 37, Number 2  
Summer 2009

## 20 DIVISION

### President's Message

I can hardly believe that my term as division president/CEO (see previous newsletter) is about to end. It has been a really busy and exciting year and I have some wonderful news about our projects.

In my last column, I wrote about our efforts to obtain funding for our awards program as John Santos, who had been supporting the program for nearly two decades with his annual discretionary funds from the Retirement Research Foundation (RRF), had retired from its board. With the help of former and present Awards chairs, Brent Small, Becca Levy, and Ron Spiro, and President-elect Peter Lichtenberg, I prepared a proposal to RRF for funds from their regular grants program to continue the awards for 2009. An important element of that proposal was the quotes from recent awardees who wrote so eloquently about how the awards had benefitted them. I also received considerable advice from APA staffers Debbie DiGilio of the APA Office on Aging, Sarah Jordan, the APA Division Services representative, and Jesse Rabe, the Associate Counsel in the APA office of General Counsel, and from the retired RRF president, Marilynn Hennessy and our RRF program officer, Mary O'Donnell. Scott Hofer was able to get me some information about our budget in record time even though he had just landed from an

overseas flight (with the generous help of his wife, division member Andrea Piccinin, who located the materials in his office and emailed a scanned version to me) when it was requested as part of the review process. Today I have the great pleasure of announcing that this amazing team effort was indeed successful.

Division 20's application to RRF will be fully funded as a one-year grant of \$21,600, with in-kind contributions of Division 20 officers' time of \$17,200, as described below.

#### Division 20 RRF grant details

There are two major goals of this grant. The first is to provide funding for the research and mentoring awards program of Division 20 for 2009. So, I am happy to inform you that there indeed will be cash prizes this year for all of our RRF awards.

The awards program, as you know, has successfully encouraged students to study and practice in the psychology of aging; and encouraged prominent researchers to mentor students in aging research. RRF cannot fund this program beyond the current year, but was willing to support our efforts in finding other sources to continue the funding of the student and mentor awards programs in the future. The



Liz Zelinski  
Division 20 President

second goal of the grant is to create a database of foundations that are likely to support research and training of junior scientists and practitioners to serve the aging population. The Division will use the database to develop proposals to fund the awards program. The in-kind contributions provided by the Division will consist of the time of members who will prepare the proposals. APA staff are likely to be called upon to explain the unique association between divisions and APA to the various foundations that we plan to target, and this constitutes another source of in-kind contributions to the grant. The combined support from RRF, the Division, and APA thus provides us with the opportunity to fulfill my presidential initiative, which was to fundraise to continue our awards programs.

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**Adult Development & Aging News is co-edited by Jennifer Margrett (Iowa State University) and Grace Caskie (Lehigh University).**

**Deadlines for submissions are: September 1 February 15 June 1**

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Address changes must be made through the APA office: Phone: (800) 374-2721; e-mail: membership@apa.org  
Your Newsletter editors must use the addresses that APA provides.

**President's Message, continued from page 1**

I personally committed, as President and as Past President, to work with development officers at USC, my home institution, who have agreed to provide training and guidance for a student worker who will research foundations for this project and create a database of foundations supportive of aging research and training. Division 20 will convene an Advancement Committee consisting of the three presidential level leaders and two appointed members. The Advancement Committee will select foundations, determine whether funding is possible given their strategic plans, and contact foundation officers with preliminary proposal ideas. The APA Division Services arm will assist in proposal preparation on the institutional side, largely providing explanatory information about the independence of the division in applying for and administering grants as needed. Our goal would be to prepare five proposals by the end of the grant year with the hope of obtaining a minimum of \$25,000 for an awards program with the possibility of creating a seed grant program for small research projects in the future. Successful initial funding of a program and its execution may provide a platform for annual funding from some foundations; the effects of this program could endure for years to come. As you might guess, we are very happy about the opportunities afforded by this project. It was our third effort to obtain funding in this presidential year, with efforts to obtain funds from Atlantic Philanthropies and CODAPAR. It seems that the third time was the charm.

**Membership benefits**

In our last newsletter, the question about continuing the *Psychology and Aging* journal benefit for Division members was raised, primarily because members in academic institutions may be able to obtain electronic access at no cost. We have an online survey provided on the division website at [http://apadiv20.php.ufl.edu/div20\\_survey\\_2009.htm](http://apadiv20.php.ufl.edu/div20_survey_2009.htm) as well as a paper version in the last newsletter. The response has been relatively light, and about even with regard to positive and negative votes. We will continue the availability of the survey until the convention. You are also welcome to respond to the survey online, to email your responses to Liz Stine-Morrow, or use the form provided in the Spring 2009 newsletter.

Don't forget about the 20% discount for any Springer book at <http://www.springerpub.com> and the discount code of div2020 (case-sensitive) brought to you by Liz Stine-Morrow, our former Division President and Sheri W. Sussman of Springer.

We are working on a similar discount with another publisher. Stay tuned!

**APA convention program**

Our program chairs, Becky Allen and Phil Allen (no relation) have organized a terrific program for the Toronto convention. Please see pages 4-11 for details. I would like to express my appreciation to them both for their efforts. Not only did they invite speakers, supervise review of the submitted presentations,

they had to prepare the entries for the rather complex APA programming system. We are of course grateful that the convention program is no longer done on paper, as our predecessors on the division program committee once endured, but it's still an awful lot of work. Thanks to them both and congratulations on a stimulating and enjoyable program for us.

**The 2008-09 Division 20 Executive Committee**

As I prepare to turn the mantle of the division presidency to the ever-enthusiastic and helpful Peter Lichtenberg, who will be an excellent president, I am struck yet again by the continual helpfulness of the members of our Division Executive Committee: Chris Hertzog, the past president, with his on-target observations when a decision needed to be made, Treasurer Scott Hofer, who is now concluding his term, and who has really gone the extra mile in consistently getting me budget information within hours of being asked for it (see comments above in the RRF section).

I want to offer special thanks to our communication experts, who get the Division news out. This is no small task, requiring lots of organization and design skills as well as time. Jennifer Margrett and Grace Caskie do our division a great service by editing the newsletter, which also requires diplomatic prodding to remind our columnists about

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## Teaching Tips – Using Blackboard™ to Enhance the Communication and Web Content in Your Course

Submitted by Alison L. Chasteen  
Co-chair, APA Division 20 Education Committee

Tired of maintaining course websites on your own professional webpage? At many universities, faculty are using Blackboard (or similar packages) for the web component of their courses. If your university or college has a Blackboard-type package, you should consider trying it out for a semester. There are a number of great features that you could use to supplement your courses.

One of the key advantages of using Blackboard is that only you, your students, and your teaching assistants have access to the course website. This is an important feature, as it helps to ensure confidentiality in terms of posting student grades. When students log on to Blackboard, they can access the website for each of their courses that term and can view their grades, which are posted only for them. Thus, a Blackboard-type of system only permits each student access to his or her individual marks — faculty can avoid posting spreadsheets of grades (sorted by student number) on the walls outside their offices or on their websites.

Another advantage of Blackboard is that the limited access to the course website helps to ensure that posted course materials are only accessed for educational purposes. This makes it much easier to give students access to a host of class-related materials, such as pdfs of journal articles and various media clips (video and audio files). Instructors can also post their course outlines and lectures on-line, in a variety of formats. At my university, many faculty now prefer to post the slides of their lectures on Blackboard prior to the lecture, so that students can focus on adding notes to the slides rather than copying everything down. I have adopted this method and find that I can move through material much faster and that I get many more thoughtful comments and questions about the lecture material than when I used to post the slides after each lecture.

Academic web software, such as Blackboard, often also includes a number of ways to communicate with your students and for them to communicate with one another. For example, you can post announcements on the course website and opt to email those announcements to your students to ensure they read it. You can send individual emails to students, as well as to select groups in the class. I regularly post and email announcements in my courses as a way of reminding students of an upcoming quiz or assignment, advising of a change to office hours, and notifying them about where to pick up marked assignments. I have found that this has significantly cut down on the number of emails students send regarding logistical aspects of the course. Another communication feature of these software packages is the option to have a discussion board for the course. Such forums can be a great place to raise discussion topics prior to a class meeting, or can be used as a place to discuss class materials. These boards give students the opportunity to ask one another questions about the course, and the instructor and TAs can log on and also help guide the discussions. It is important, however, to establish some basic ground rules regarding discussion boards, to ensure that student posts are respectful and are not facilitating academic misconduct. As well, course discussion boards should be monitored frequently by either the instructor or TAs to ensure compliance with the course policies. With proper policies and monitoring, discussion boards can really enhance the student experience, particularly in large classes.

Blackboard also provides the option to give quizzes on-line, which can be a useful way of ensuring students are prepared for class. For example, one of my colleagues gives brief quizzes on the assigned article that is to be discussed in class that day. Students can complete the quiz in the twenty-four hours prior to class, thus helping to ensure they have read the article prior to attending the discussion.

Once your course is over, there is usually an option to archive the course web materials on a Blackboard-style system. This is especially handy, because then you do not have to recreate all of the materials for new semesters.

Overall, I have found that web software such as Blackboard has made it easier to provide course information and to enhance the learning experience. If you haven't yet checked out a software package such as Blackboard, think about doing so for your courses next year.

**Find additional teaching tips, syllabi, and textbook information at the Division 20 website:**  
<http://apadiv20.php.ufl.edu/>

**APA 2009 Division 20 Conference Program**  
Submitted by Phil Allen and Becky Allen, Division 20 Program co-chairs

Please join your Division 20 colleagues at the APA convention in Toronto, which will take place August 6-9<sup>th</sup>. In addition to the presidential address (Dr. Elizabeth Zelinski—Saturday August 8<sup>th</sup> 3:00 to 3:50 pm) and the Baltes address (David Hultsch - Friday August 7<sup>th</sup> 3:00 to 3:50 pm), four outstanding scientists will be giving invited addresses covering topics illustrating the breadth of interests within Division 20. We also have six symposia presentations, with one co-sponsored by Division 55 (American Society for the Advancement of Pharmacotherapy) and one co-sponsored by Division 21 (Applied Experimental and Engineering Psychology).

The Division 20 Social Event will take place on Friday August 7<sup>th</sup> at a Toronto Blue Jays baseball game (7 pm). This will allow more interaction among Division 20 colleagues and graduate students than a traditional restaurant setting would permit—and it is more inexpensive than many Toronto restaurants. The cost is \$20 (US) per ticket. To obtain this special rate, we need to purchase at least 50 tickets, and preferably over 100. Please send in your requests and checks by June 30, 2009 to Philip Allen, Department of Psychology, University of Akron, Akron, Ohio 44325-4301 (this covers the ticket price but not food such as hot dogs or soda). We hope to see you in Toronto on August 7<sup>th</sup> at the game!

Helena Chui and Kevin Petway, Division 20's graduate student representatives, have secured Dr. Michael Gilewski (a Division 20 fellow who practices in neuropsychological rehabilitation and who is also involved in multisite applied research) as the guest speaker for the Graduate Student Conversation Hour on Friday August 7<sup>th</sup> from 5-5:50 pm

We hope to see you in Toronto in August! —Phil Allen and Becky Allen (Division 20 Program co-chairs).

## DIVISION PROGRAM SUMMARY SHEET

EVENT, TITLE and PEOPLE	DAY/TIME	FACILITY/ROOM
Symposium (S): Aging and Communication—A Research and Practice Challenge	8/06 Thu: 8:00 AM - 9:50 AM	Metro Toronto Convention Centre Meeting Room 201C

Cochair

Bruce Schneider, PhD, University of Toronto at Mississauga, ON, Canada

Meredyth Daneman, PhD, University of Toronto at Mississauga, ON, Canada

Participant/1stAuthor

Bruce Schneider, PhD,

*Title: How Age Affects Auditory–Cognitive Interactions in Speech Comprehension*

Boaz Ben-David, PhD, University of Toronto at Mississauga, ON, Canada

*Title: Age and Noise and Spoken Word Identification Using Eye Tracking*

Payam Ezzatian, MS, University of Toronto at Mississauga, ON, Canada

*Title: Informational Masking in Normal-Hearing Younger and Older Adults*

Kate Dupuis, MS, University of Toronto at Mississauga, ON, Canada

*Title: How Emotional Content and Emotional Voice Influence Speech Intelligibility*

Joseph B. Orange, PhD, University of Western Ontario, London, ON, Canada

*Title: Language, Communication, and Dementia*

Invited Address (S): [Grady]	8/06 Thu: 2:00 PM - 2:50 PM	Metro Toronto Convention Centre Meeting Room 206D
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Chair

Philip A. Allen, PhD, University of Akron

Participant/1stAuthor

Cheryl Grady, PhD, Rotman Research Institute, Toronto, ON, Canada

*Title: How Has Functional Neuroimaging Influenced Our Ideas About Cognitive Aging?*

Invited Address (S): [Verhaeghen]	8/06 Thu: 3:00 PM - 3:50 PM	Metro Toronto Convention Centre Meeting Room 711
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Chair

Philip A. Allen, PhD, University of Akron

Participant/1stAuthor

Paul Verhaeghen, PhD, Georgia Institute of Technology

*Title: A Walk Down Working Memory Lane*

EVENT, TITLE and PEOPLE	DAY/TIME	FACILITY/ROOM
Symposium (S): Service Delivery and Culture Change in Long-Term Care--Qualitative and Quantitative	8/07 Fri: 8:00 AM - 9:50 AM	Metro Toronto Convention Centre Meeting Room 205C

Chair

Rebecca S. Allen, PhD, University of Alabama

Participant/1stAuthor

Bit A. Kash, PhD, MBA, Texas A&M University Health Science Center

*Title: Comparing Staffing Levels in the Online Survey Certification and Reporting System With the Medicaid Cost Report Data: Are Differences Systematic?*

*Co-Author:* Catherine Hawes, PhD, Texas A&M University Health Science Center

*Co-Author:* Charles Phillips, PhD, MPH, Texas A&M University Health Science Center

Rebecca S. Allen, PhD,

*Title: RELIVE: Examining Life Review and Family Communication System Technology Interventions in Long-Term*

*Co-Author:* Michael D. Williams, PhD, Caring Family, Boulder, CO

*Co-Author:* Stevie N. Fowler, BA, University of Alabama

*Co-Author:* Andrea L. Snow, PhD, University of Alabama

Andrea L. Snow, PhD, University of Alabama

*Title: Using Ethnographic Methods to Study Nursing Home Culture Change Efforts*

*Co-Author:* Melissa L. Machac-Burleson, MA, University of Alabama

*Co-Author:* Lindsey Jacobs, BA, University of Alabama

*Co-Author:* Latrice D. Vinson, MA, University of Alabama

*Co-Author:* Joseph F. Chandler, MA, University of Alabama

*Co-Author:* Cornelia Beck, PhD, RN, University of Arkansas Medical Center

*Co-Author:* Tracy X. Kamer, PhD, University of Houston

*Co-Author:* Patricia Parmelee, PhD, University of Alabama

Patricia Parmelee, PhD, University of Alabama

*Title: Capturing the Voices of Direct Care Staff: Use of Focus Groups and Other Qualitative Methodologies*

Discussant

Joseph E. Gaugler, PhD, University of Minnesota--Twin Cities

EVENT, TITLE and PEOPLE	DAY/TIME	FACILITY/ROOM
Poster Session (F): Applied Psychology and Emotion	8/07 Fri: 12:00 PM - 12:50 PM	Metro Toronto Convention Centre Exhibit Halls D and E

EVENT, TITLE and PEOPLE	DAY/TIME	FACILITY/ROOM
Poster Session (F): Cognition and Social Cognition	8/07 Fri: 1:00 PM - 1:50 PM	Metro Toronto Convention Centre Exhibit Halls D and E

EVENT, TITLE and PEOPLE	DAY/TIME	FACILITY/ROOM
Invited Address (S): [Burgio]	8/07 Fri: 2:00 PM - 2:50 PM	Metro Toronto Convention Centre Meeting Room 201B

Chair

Rebecca S. Allen, PhD, University of Alabama

Participant/1stAuthor

Louis D. Burgio, PhD, University of Michigan–Ann Arbor

*Title: Lost in Translation: Implementing Alzheimer's Disease Caregiver Interventions in the Real World*

EVENT, TITLE and PEOPLE	DAY/TIME	FACILITY/ROOM
Invited Address (N): Baltus Award	8/07 Fri: 3:00 PM - 3:50 PM	Metro Toronto Convention Centre Meeting Room 201D

Participant/1stAuthor

David F. Hulstsch, PhD, University of Victoria, BC, Canada

*Title: The Case for Intraindividual Variability: Variations on a Theme*

EVENT, TITLE and PEOPLE	DAY/TIME	FACILITY/ROOM
Conversation Hour (N): {r}Graduate Student Conversation Hour{/r}	8/07 Fri: 5:00 PM - 5:50 PM	Metro Toronto Convention Centre Meeting Room 206F

EVENT, TITLE and PEOPLE	DAY/TIME	FACILITY/ROOM
Executive Committee Meeting (N): [Executive Committee Meeting]	8/08 Sat: 8:00 AM - 9:50 AM	Fairmont Royal York Hotel Boardroom

EVENT, TITLE and PEOPLE	DAY/TIME	FACILITY/ROOM
Symposium (S): Are You in Control? New Developments in Control Beliefs Research	8/08 Sat: 8:00 AM - 9:50 AM	Metro Toronto Convention Centre Meeting Room 203B

Cochair

Lindsay H. Ryan, PhD, University of Michigan--Ann Arbor

Jacqui Smith, PhD, University of Michigan--Ann Arbor

Participant/1stAuthor

Becca R. Levy, PhD, Yale University

*Title: Control Beliefs Across the Life Span: Role of Culture and Interdependence*

*Co-Author: Ori Ashman, PhD, Murdoch University, Perth, WA, Australia*

*Co-Author: Kimihiro Shiomura, PhD, Iwate Prefectural University, Morioka, Japan*

Toni C. Antonucci, PhD, University of Michigan--Ann Arbor

*Title: Efficacy and Social Networks: A Tale of Two Countries*

*Co-Author: Hiroko Akiyama, PhD, University of Tokyo, Japan*

*Co-Author: Kristin Wong, BA, University of Michigan--Ann Arbor*

Lindsay H. Ryan, PhD,

*Title: Control Beliefs and Well-Being: Does Your Spouse Matter?*

*Co-Author: Tim D. Windsor, PhD, Australian National University, Acton, Australia*

*Co-Author: Jacqui Smith, PhD,*

Shevaun D. Neupert, PhD, North Carolina State University

*Title: Daily Control Beliefs: Implications for Reactivity to Daily Stressors in Adults*

*Co-Author: Gilda E. Ennis, BA, North Carolina State University*

*Co-Author: Agnes A. Davis, North Carolina State University*

*Co-Author: Verena A. Rojas, North Carolina State University*

*Co-Author: Daniel K. Mroczek, PhD, Purdue University*

*Co-Author: Avron Spiro III, PhD, Boston University*

Discussant

Carolyn M. Aldwin, PhD, Oregon State University

EVENT, TITLE and PEOPLE	DAY/TIME	FACILITY/ROOM
Invited Address (S): CWC/Neuropsychology--Neuroscience [G. Smith]	8/08 Sat: 9:00 AM - 9:50 AM	Metro Toronto Convention Centre Meeting Room 713A

Chair

Rebecca S. Allen, PhD, University of Alabama

Participant/1stAuthor

Glenn E. Smith, PhD, Mayo Clinic, Rochester, MN

*Title: Update on Dementia Evaluation Guidelines*

EVENT, TITLE and PEOPLE	DAY/TIME	FACILITY/ROOM
Presidential Address (N): [Zelinski]	8/08 Sat: 3:00 PM - 3:50 PM	Metro Toronto Convention Centre Summit Room 204
EVENT, TITLE and PEOPLE	DAY/TIME	FACILITY/ROOM
Business Meeting (N): [Business Meeting]	8/08 Sat: 4:00 PM - 4:50 PM	Metro Toronto Convention Centre Summit Room 204
EVENT, TITLE and PEOPLE	DAY/TIME	FACILITY/ROOM
Invited Address (N): [Sorensen]	8/09 Sun: 10:00 AM - 10:50 AM	Metro Toronto Convention Centre Meeting Room 206F

Chair

Rebecca S. Allen, PhD, University of Alabama

Participant/1stAuthor

Silvia Sorensen, PhD, University of Rochester School of Medicine and Dentistry

*Title: Psychosocial Interventions for Older Adults With Vision Loss*

EVENT, TITLE and PEOPLE	DAY/TIME	FACILITY/ROOM
Symposium (S): Predicting Online Search Among Elders With Diverse Literacy and Cognitive Abilities	8/09 Sun: 11:00 AM - 12:50 PM	Metro Toronto Convention Centre Meeting Room 206A

Chair

Daniel G. Morrow, PhD, University of Illinois at Urbana–Champaign

Participant/1stAuthor

Daniel G. Morrow, PhD, University of Illinois at Urbana–Champaign

*Title: Health Literacy Skills and Self-Care: Role of Cognition and Knowledge*

*Co-Author:* Jessie Chin, BS, University of Illinois at Urbana–Champaign

*Co-Author:* Elizabeth A.L. Stine-Morrow, PhD, University of Illinois at Urbana–Champaign

*Co-Author:* James F. Graumlich, MD, University of Illinois College of Medicine

*Co-Author:* Thembi Conner-Garcia, MD, University of Illinois College of Medicine

*Co-Author:* Michael D. Murray, MPH, PhD, University of North Carolina at Chapel Hill

Lisa S. Miller, PhD, University of California–Davis

*Title: Effects of Knowledge on Older Adults' Comprehension of Nutrition Texts*

*Co-Author:* T.N. Gibson, MS, University of California–Davis

Sara J. Czaja, PhD, University of Miami

*Title: Variability Among Older Adults in Internet Information-Seeking Performance*

*Co-Author:* Joseph Sharit, PhD, University of Miami

*Co-Author:* Sankaran N. Nair, MS, University of Miami

Wai-Tat Fu, PhD, University of Illinois at Urbana–Champaign

*Title: Adaptive Information Search: Age-Dependent Interactions Between Cognitive Profiles and Strategies*

*Co-Author:* Jessie Chin, BS, University of Illinois at Urbana–Champaign

*Co-Author:* Thomas G. Kannampallil, PhD, University of Illinois at Urbana–Champaign

Discussant

Jeffrey W. Elias, PhD, University of California–Davis

## APA Pre-Conference Workshop

### Memory Action Program

Conducted by Robin West, University of Florida

Wednesday, August 5, 1:00pm – 5:00pm

Cosponsored by APA Division 20 and Division 12/Section II

#### Description:

Decades of research demonstrate that memory training can be effective with older adults. However, maintenance of training effects over time has been elusive, as older adults often abandon what they have learned. Training programs that change beliefs may be key to long-term maintenance. Self-regulatory beliefs, such as self-efficacy and control beliefs, have the power to influence performance over and above the impact of ability (Bandura, 1997). Although beliefs are important in aging and memory, almost no memory training programs have targeted beliefs and few have led to beliefs change concomitant with performance change. This workshop will provide participants with an overview and demonstration of a comprehensive and successful memory training program, focusing on self-efficacy, which they can implement in their own communities. This workshop will inform psychologists about key theories and research in memory training and prepare psychologists to administer an empirically-validated memory training program.

#### Learning Objectives:

1. Understand research results on memory training for healthy seniors.
2. Become familiar with important principles for delivering a successful community-based memory intervention for older adults.
3. Understand educational materials, such as the Everyday Memory Clinic Workbook.
4. Apply educational materials to offer memory training in your own community.

Questions about the workshop can be sent to Brian Carpenter, Division 20 CE Committee Co-Chair, [bcarpenter@wustl.edu](mailto:bcarpenter@wustl.edu)

## Student News

Submitted By Helena Chui & Kevin Petway

Hello students and postdocs,

The summer season is upon us and we hope that everyone is enjoying it thus far. The upcoming APA convention is in Toronto, Canada from August 6 – 9<sup>th</sup> and we hope to see everyone there. Division 20 student and postdoc events are detailed below – make sure to attend.

This year's conversation hour will be on Friday, August 7<sup>th</sup> at 5 pm, in meeting room 206F of the Metro Toronto Convention Centre. We welcome Dr. Michael Gilewski, a scientist practitioner in Los Angeles.

A general Division 20 social event is open to student and postdoc members and you all are encouraged to attend. This year it will be a Toronto Blue Jays baseball game, to occur Friday evening following the conversation hour. See the Social Event portion for a more thorough description of this exciting event.

Finally, a possible graduate student and postdoc social hour is in the works for the evening of Saturday, August 8<sup>th</sup>. Any interested individuals please email [petway@usc.edu](mailto:petway@usc.edu) for further information.

We hope to see all of you in August! If you have any questions do not hesitate to contact us.

Best,

Kevin Petway & Helena Chui,  
APA Division 20 Graduate Student Representatives  
[petway@usc.edu](mailto:petway@usc.edu)  
[h.chui@colostate.edu](mailto:h.chui@colostate.edu)

**Announcements from the APA Office on Aging and Committee on Aging (CONA)  
Deborah DiGilio, Director, APA Office on Aging**

CONA will hold its 8<sup>th</sup> Annual Conversation Hour, *Health Care Reform in an Aging America* at the APA 2009 Convention on Saturday, August 8<sup>th</sup> at 5:00 pm. It will be held in Convention Centre, Constitution Hall 105, North Building-Level 100. This is immediately following and one level down from the Division's Business Meeting. So, please join us to learn more about how APA's Health Care Reform efforts impact older adults from Diane Elmore, PhD, MPH of the APA Public Interest Government Relations Office and share your thoughts on federal policy issues of importance. The CONA Award for the Advancement of Psychology and Aging will also be presented at this Conversation Hour. Refreshments will be served.

CONA will once again offer its preconvention workshop, *What Psychologists Should Know about Working with Older Adult* at Convention. The workshop targets psychologists interested in increasing their competencies for work with older adults. Presenters are: Merla Arnold, RN, PhD, Leon Hyer, PhD, ABPP, Peter Lichtenberg, PhD, ABPP, and Margaret Norris, PhD. To register for the preconvention workshop, visit: <http://www.apa.org/CE>. Last year's workshop on this topic is now available online as a six credit CE offering. The presenters for the on-line offering are: Rosemary Blieszner, PhD, Chandra Mehrotra, PhD, Peter A. Lichtenberg, PhD, ABPP, Victor Molinari, PhD, ABPP, Forrest Scogin, PhD, Merla Arnold, PhD, RN, William E. Haley, PhD, and Margaret Norris, PhD. To register, visit the APA Online Academy at: <http://webclients.captus.com/apa/catalog.htm>.

CONA is accepting nominations, including self-nominations, for two new members to serve a three-year term beginning January 2010 and ending December 2012. CONA places priority on maintaining representation within the Committee's membership of individuals with experience in research, clinical training and practice, policy and advocacy, and education. The deadline for nominations is September 1<sup>st</sup>. The Call for Nominations and information about CONA are available at <http://www.apa.org/pi/aging/cona/callnominations.html>.

This spring, all members of the APA Council of Representatives, Boards, and Committees received Diversity Training on Aging as mandated by Council. Trainers were Greg Hinrichsen, PhD, Becca Levy, PhD and Jennifer Manly, PhD. The training's objectives were to: increase understanding of the processes related to development and operation of aging self-stereotypes; increase awareness of the impact of aging self-stereotypes on cognitive and physical health of older adults; increase awareness of unconscious ageism and its impact on personal and professional behavior; and increase skill in considering age in clinical practice, research settings, and policy efforts. Participant evaluations were very positive.

A number of new resources are now available including *Assessment of Older Adults with Diminished Capacity: A Handbook for Psychologists*, the third in the series of handbooks by the ABA-APA Working Group on Capacity Assessment in Older Adults Project Working Group. The handbook discusses the evaluation of the six civil capacities of particular importance to older adults - medical consent capacity, sexual consent capacity, financial capacity, testamentary capacity, capacity to drive, and capacity to live independently. Also, two new, web-based fact sheets for consumers, *Memory and Aging* and *Coping with Stress and Anxiety* have also been recently developed. These resources and ordering information can be found on the Office on Aging website, [www.apa.org/pi/aging](http://www.apa.org/pi/aging).

For additional information on all of the above contact me at [ddiglio@apa.org](mailto:ddiglio@apa.org). Your comments and questions are always welcome.

## Report of the Fellows Committee Susan Krauss Whitbourne, Chair

Over this past year we have once again been given excellent news by the APA Fellows Board about our nominees for initial Fellow status. Because we cannot announce the names of those who were nominated until APA Council votes on approval in August, you will unfortunately be kept in suspense until the Business Meeting (or the next newsletter). Meanwhile, I would like to encourage all of our members and fellows to think ahead to the 2010 deadline, which will be in early February. One of the reasons I think we have been so successful over the past three years with our nominees is that we have set an early deadline for nominations, thus giving the Fellows Committee ample time to review the nominations and compose letters of support from the division. The process is still a bit antiquated in that there is not an online application available yet, but I can confidently predict that the necessary materials will not change substantially between now and February.

Nominees, then, need to assemble three recommenders who they will ask to complete an evaluation form and a letter. Ideally, the recommenders are Division 20 Fellows themselves. Second, nominees need to write a self-statement in which they highlight their involvement in psychology in general and Division 20 in particular. This is a case in which scholarly achievements are important, but so is service to the division. Third, nominees need to prepare their CV's by showing which of their publications were in refereed journals. Ideally, potential nominees prepare all their materials that they will be submitting to their recommenders so that the recommenders have in front of them everything that the nominee will be submitting.

If you think that you are qualified for Fellow status (and to be sure, check the APA website (<http://www.apa.org/about/division/fellows.html>), please let me know at some point during the summer, but no later than the APA Convention. That way I will know how many to prepare for and I can also give you advice about making your nomination as strong as possible. The same is true if you would like to ask me about a colleague you are thinking of nominating. Finally, we are always trying to expand our horizons and so if there is a Fellow of another division who you think should be a Fellow of Division 20, by all means let me know and we can solicit the materials needed for that process, which fortunately is much simpler.

To everyone who helped in this year's nominations, including the Fellows Committee (Liz Zelinski, Peter Lichtenberg, Chris Herzog), on behalf of the Division, I would like to offer my sincere thanks. Hope to see you in Toronto, where we can all raise a toast in congratulations!

### Editorial Thanks!

We would like to thank MaryAnn Sutton, Kate Daugherty, and Laura Severson for their assistance with newsletter-related tasks! Our thanks also extend to the Executive Committee officers and division members who contribute to the newsletter content. We welcome ideas for future feature articles and division information.

## Elections News

Submitted by: Jane Berry (Elections Co-Chair with George Rebok)

The Elections Committee is pleased to announce the results of this year's election and offer our hearty congratulations to Division 20's new officers:

President-Elect:	Cameron J. Camp, Hearthstone Alzheimer Care, Ltd.
Treasurer:	Keith E. Whitfield, Duke University
Members at Large:	Rebecca S. Allen, University of Alabama Lynn M. Martire, University of Pittsburgh

A special thanks to all of the candidates who stood for election this year. Their willingness to serve the division is greatly appreciated. Members who took the time to vote are also thanked for their participation and effort.

## Conference Announcement

"Biosocial Research Contributions to Understanding Family Processes and Problems," is the title of Penn State's 17th Annual Symposium on Family Issues. The conference will take place October 8-9, 2009 on Penn State's University Park campus. Conceptual shifts and technological breakthroughs have placed new emphasis on the importance of combining nature and nurture to understand family processes and problems. Today's researchers emphasize bi-directional relations between physiological processes and behavior, processes that operate in the context of previous experience and the demands of a multi-layered ecology. Biological factors mediate and moderate behavioral adaptation to a range of environmental challenges. At the same time, environmental challenges and behavioral responses affect biological processes. Family relationships are at the intersection of many biological and environmental influences. The goal of the symposium is to stimulate conversation among scholars who construct and use biosocial models, as well as among those who want to know more about biosocial processes. Researchers interested in both biological and social/environmental influences on behavior, health, and development will be represented, including researchers whose work emphasizes behavioral endocrinology, behavior genetics, neuroscience, evolutionary psychology, sociology, demography, anthropology, economics, and psychology. Lead speakers: Alison Fleming, /University of Toronto at Mississauga,/ Jenae Neiderhiser, /Penn// State, /Steven Gangestad, /University// of New Mexico,/ and Guang Guo, /University// of North Carolina, Chapel Hill./ /Supported by a grant from the Eunice Kennedy Shriver National Institute for Child Health and Human Development. Information and registration at <http://www.pop.psu.edu/events/symposium/2009.htm> or contact Carolyn Scott at [css7@psu.edu](mailto:css7@psu.edu).

**Membership News**  
Submitted by Joe Gaugler

**Welcome new Division 20 Members!**

**\*Student Affiliates**

Anderson, Angella	Hoffman Estates, IL*	Kominsky, Terrence	Stillwater, OK
Aranda, Frances	Chicago, IL*	Kuhlmann, Beatrice	Greensboro, NC*
Battaglia, Marjorie	Herndon, VA	Liou, Chih	Charlotte, NC*
Beiler, M. Eileen	Dallas, TX	Mattson, Mary	Oshkosh, WI*
Bielak, Allison	Canberra	Maziarz-Moussa, Beata	New York, NY*
Bleckley, M.	Oklahoma City, OK	McCaughey, Marshall	Stockton, CA*
Brandenburg, Cristi	Cincinnati, OH*	McNeese, Thomas	Houston, TX*
Bronder, Ellen	Westlake, OH*	Mikels, Joseph	Ithaca, NY
Carmona, Joseph	Blacksburg, VA*	Miller, Michael	New Point, IN
Castel, Alan	Los Angeles, CA*	Mitchell, Clare	Cleveland Heights, OH*
Chomyn, Tim	Ringgold, GA	Noyes, Anne	Old Orchard Beach, ME*
Chui, Ka Yue	Fort Collins, CO*	O'Brien, Marita	Atlanta, GA*
Coochise, Jodi	Fort Collins, CO*	Pape, Kathleen	Seattle, WA*
Datt, Ashlyn	Carmel, CA*	Parks, Barbara	Oak Park, IL
Dawson, Cathy	Union Springs, AL*	Phillips, Laura	Houston, TX
Doehrman, Steven	Brooklyn, NY	Richmond, Jessica	Brunswick, OH*
Domboski, Kristen	Davie, FL*	Ryan, Lindsay	Ann Arbor, MI
Domingo, Angelo	Parrish, FL	Schmidt, Steven	Glastonbury, CT*
Elliott, Tonya	Cary, NC*	Schroeder, Paul	Henderson, NV*
Elovitz, Gerald	Cotuit, MA	Singer, Robert	Orleans, MA
Esterson, Joan	Teaneck, NJ	Syme, Maggie	Long Beach, CA*
Farhadzadeh, Amy	West Hills, CA*	Tomaszczyk, Jennifer	Mississauga, ON*
Feliciano, Leilani	Colorado Springs, CO	Touron, Dayna	Greensboro, NC
Fiorentino, Dary	Van Nuys, CA	Webb, Nicole	Pittsburgh, PA*
Fletcher, Tony	Oak Park, IL	Webster, Krysta	Tulsa, OK*
Franzese, Alexis	Durham, NC*	Wetherell, Julie	San Diego, CA
Gentry, Ruth	Sparks, NV*	Whyte, Debbie	Brooklyn, NY*
Gonzalez, Raquel	Laredo, TX*	Williams, Amanda	St Louis, MO*
Guzzardo, Mariana	Brooklyn, NY*		
Kang, Sungrok	Corvallis, OR*		
Kellenberger, Crystal	Thousand Oaks, CA*		
Kennedy, Kristen	Detroit, MI		

Membership is open to all APA members who are interested in adult development and aging, including psychologists who provide services to older adults, conduct research on aging, or are interested in learning more about or teaching life span development and aging.

To learn about the division and join visit: <http://apadiv20.phhp.ufl.edu/div20app.htm>

or

Contact APA Division 20 Membership Chair Joe Gaugler, PhD,  
University of Minnesota,  
Phone 612-626-2485,  
e-mail: [gaug0015@umn.edu](mailto:gaug0015@umn.edu)

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deadlines. Michael Marsiske, our webmaster, and Lise Abrams, our listserv director, have protected us from security breaches while keeping website and members' information current.

Speaking of communication, I have been consistently impressed with the speed with which our members at large conduct discussions on email. Lisa McGuire, Ron Spiro, Becca Levy, Sara Czaja, Karen Fingerman, and Susan Charles, along with Norm Abeles and Sue Whitbourne, our APA Council representatives, were often wrapping up a morning discussion before I, as a Pacific time zone resident, was sufficiently awake to start reading email.

I want to pay tribute to our committee chairs who have spent countless hours serving our Division, including Jane Berry and George Rebok on elections, providing a slate of talented and excellent candidates for elections, Joe Gaugler, with his innovative approaches to increasing our membership, Sue Whitbourne, collecting, organizing, and supervising the reviews of our candidates for APA Fellowship, Brian Carpenter and Shevaun Neupert, for creating exciting and informative continuing education programs, Alison Chasteen, and Susan Charles for the "teaching tips" column and education, Neil Charness, who has represented us so well to APA as our liaison to the Science Directorate, and Brent Small, Becca Levy, and Ron Spiro, our awards committee.

Last but not least, I would like to remind our members that we get a tremendous amount of behind-the-scenes help from our beloved and hardworking Debbie DiGilio, Director of the APA Office on Aging. Sometimes, I think we see APA as an organization that doesn't offer its members much. However, I would like to emphasize that the Office on Aging does keep APA as well as US government officials aware of the relevance of aging. I think it is important for Division 20 members to maintain our membership in APA; I have personally seen the support of the Division Services office as well as the office of General Counsel, as noted in our successful bid to obtain the RRF grant.

In conclusion, I have been fortunate to have such an impressive Executive Committee to support me as President. They have really lightened my load and been an inspiration to me. I know that our Division is in good hands as I become past President and look forward to serving alongside with our committee in the following year.

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## APA Division 47: Exercise and Sport Psychology

### Presents

**The 31st Annual Running Psychologists'  
APA 5K Ray's Race and 3K Walk**

### **REMEMBERING ART AARONSON**

**Coronation Park**

**Toronto, Ontario**

*Saturday, August 8, 2009 at 7:00 AM*

Questions? Email: Lucinda Seares-Monica, Psy. D., [psydmd@optonline.net](mailto:psydmd@optonline.net), or Janet Cain, Ph. D. at [drjcain@earthlink.net](mailto:drjcain@earthlink.net).

Note: Participants will be able to make a donation to the American Cancer Society or the United States Holocaust Museum in memory of Art Aaronson. Please use a separate check for donations.

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## Division 20 Website: A Great Resource!

Don't forget to visit the Division 20 website (<http://apadiv20.php.ufl.edu/>) for the latest information on the APA convention. You can also find division information and links for clinicians, educators, and students. Persons interested in joining the division can learn about membership benefits. The website also posts the latest headlines from the Division 20 listserv, APA, and news about aging and Alzheimer's disease.

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**Adult Development and Aging News**

Division 20, American Psychological Association  
Division Services Office  
750 First Street NE  
Washington, DC 20012-4242

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